

1 **The use and mode of action of bacteriophages in food production**

2 **Scientific Opinion of the Panel on Biological Hazards**

3 **(Question No EFSA-Q-2008-400)**

4 **Endorsed on 22 January 2009**

5 **Public consultation**

6 **PANEL MEMBERS**

7 Olivier Andreoletti, Herbert Budka, Sava Buncic, Pierre Colin, John D Collins, Aline De
8 Koeijer, John Griffin, Arie Havelaar, James Hope, Günter Klein, Hilde Kruse,
9 Simone Magnino, Antonio, Martínez López, James McLauchlin, Christophe Nguyen-The,
10 Karsten Noeckler, Birgit Noerrung, Miguel Prieto Maradona, Terence Roberts, Ivar Vågsholm,
11 Emmanuel Vanopdenbosch

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13 **SUMMARY**

14 Following a request from the Health and Consumer Protection, Directorate General, European
15 Commission, the Panel on Biological Hazards was asked to deliver a scientific opinion on “*The
16 use and mode of action of bacteriophages in food production*”. In accordance with the terms of
17 reference, this report does not consider the safety assessment of the use of bacteriophages on
18 foods.

19 Modern microbial food safety assurance is based on a farm-to-fork principle that involves a
20 wide range of coordinated control measures applied at all relevant steps in the food chain. A
21 large number of different food decontamination treatments have been described in the literature.
22 Some of them involve the application of live microorganisms to inhibit or eradicate pathogenic
23 and/or spoilage bacteria in/on foods. To this regard, the use of bacteriophages has recently
24 attracted a growing interest. This Opinion deals only with bacteriophage-based treatments of
25 food products, and its main focus is on their mode of action when used for the most important
26 types of foods of animal origin (i.e. meat and meat products, milk and dairy products).

27 The Panel on Biological Hazards made following main conclusions: Bacteriophages may be
28 temperate or virulent; they can induce lysis of the bacterial host-cell by 2 mechanisms: “*lysis
29 from within*” and/or “*lysis from without*”. The bacteriophages have narrow host-ranges and
30 replicate best on growing bacterial cells. Naturally occurring bacteriophages can be isolated in
31 considerable numbers from foods of animal origin. Virulent bacteriophages are the ones of
32 choice for phage-based food decontamination, and some of these, under specific conditions,
33 have been demonstrated to be very effective in the targeted elimination of specific pathogens
34 from foods. In general terms, the higher the ratio of bacteriophages to host cells, the greater the

35 reduction in the target bacterial population. The persistence in/on food varies with each
36 bacteriophage, and with the conditions of application, including dose, and physical and
37 chemical factors associated with the food matrix. Based on data currently available in peer-
38 reviewed literature, it cannot be concluded whether bacteriophages are able or unable to protect
39 against recontamination of food with bacterial pathogens. This is likely to vary with each
40 bacteriophage, each food matrix, and with conditions of application including environmental
41 factors. Research for specific bacteriophage-pathogen-food combinations should be encouraged
42 to ascertain these issues.

43 The Panel on Biological Hazards recommends that, if bacteriophage treatments are to be used
44 for removal of surface contamination of foods of animal origin, then a Guidance Document on
45 the submission of data for their evaluation is to be provided.

46 **Key words:** Bacteriophages, food of animal origin, food-borne zoonoses.

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80 **BACKGROUND AS PROVIDED BY THE EUROPEAN COMMISSION**

81 The Commission has become aware of a developing issue on the use of bacteriophages to
82 counter *Listeria* contamination in food. Bacteriophages are viruses which infect bacteria and
83 kill them, they are abundantly present in nature and, as a consequence, in food. Different
84 bacteriophages work against specific bacteria. When a bacteriophage encounters its specific
85 bacterium, it attaches itself to the cell wall of the bacterium using its tail fibres. Once a
86 bacteriophage attaches to the bacterium, it penetrates the cell wall and its DNA is drawn into
87 the bacterium, effectively taking over the cell and destroying the bacterium's ability to function
88 or replicate. When the replication of bacteriophage weakens the cell wall structure and exceeds
89 the available space within the bacterium cell, the cell wall bursts (lyses) and new
90 bacteriophages are released into the environment to further infect their specific bacteria if they
91 are present.

92 The products which are reportedly under development are utilising bacteriophages which
93 reproduce via the lytic cycle whereby the virus invades the bacterium and toxins are released
94 thus killing the bacterium. Some other bacteriophages operate by lysogeny (lysogenic cycle)
95 where the nucleic acid of the bacteriophage fuses with the DNA of the host bacterium. Such a
96 transfer of DNA could lead to a modification of the host bacteria such as an increase in the
97 pathogenicity and/or virulence of the host bacteria.

98 *Regulatory framework*

99 Council Directive 89/107/EEC provides a definition of food additive as 'any substance not
100 normally consumed as a food in itself and not normally used as a characteristic ingredient of
101 food whether or not it has a nutritive value the intentional addition of which to food for a
102 technological purpose in the manufacture, processing, preparation, treatment, packaging,
103 transport or storage of such food results, or may be reasonably expected to result, in it or its by-
104 products becoming directly or indirectly a component of such foods'.

105 Processing aids are specifically excluded from Council Directive 89/107/EEC. For that purpose,
106 the definition of processing aid is 'any substance not consumed as a food ingredient by itself,
107 intentionally used in the processing of raw materials foods or their ingredients, to fulfil a certain
108 technological purpose during treatment or processing and which may result in the unintentional
109 but technically unavoidable presence of residues of the substance or its derivatives in the final,
110 product provided that these residues do not present any health risk and do not have any
111 technological effect in the finished product'.

112 Whilst processing aids are generally excluded from the food additive legislation described
113 above, they are with some exceptions subject to national legislation. The exceptions being the
114 use extraction solvents which is harmonised by Council Directive 88/344/EEC and other areas
115 of food legislation where the use of processing aids are regulated, such as legislation on wine or
116 the hygiene legislation (Regulation (EC) No 853/2004). The latter states that 'Food business
117 operators shall not use any substance other than potable water... to remove surface
118 contamination from products of animal origin, unless use of the substance has been approved in
119 accordance with the procedure referred to in... [The Comitology procedure].'

120 The possibility to use substances other than potable water for surface decontamination is a new
121 development brought about by the recently adopted hygiene package. Previously only potable
122 water was permitted.

123 In response to a request from the Member State the Commission has further examined the
124 matter and considers that bacteriophages when used on food of animal origin (including cheese)
125 could be considered either as food additives or as substances used for reducing surface
126 contamination (and thereby requiring approval under Regulation 853/2004).

127 The crux of the issue is the manner in which the bacteriophages exert their effect i.e. whether
128 they preserve against recontamination or whether the effect is short lived and no continual
129 functioning of the bacteriophages can be expected. In order to clarify their status the
130 Commission is seeking technical assistance from EFSA on the way in which the bacteriophages
131 work. Following this assistance from EFSA the Commission will consider which of the two
132 regulatory frameworks apply so that the manufacturer can make the necessary request for
133 authorisation.

134 The Commission is not at this stage seeking advice with regard to the safety in use of such
135 bacteriophage solutions because either as food additives or as antimicrobial treatments an
136 EFSA evaluation on the safety will be necessary before they can be considered for
137 authorisation.

138 **TERMS OF REFERENCE AS PROVIDED BY THE EUROPEAN COMMISSION**

139 In accordance with Article 31 of Regulation (EC) No 178/2002, the European Commission asks
140 the European Food Safety Authority to provide technical assistance in relation to the use and
141 mode of action of bacteriophages on food of animal origin.

142 The European Food Safety Authority is asked to:

143 (i) From the literature provided and/or a literature search, if deemed necessary, to describe the
144 mode of action expected from the use of bacteriophage solutions on food of animal origin
145 (including but not exclusively use on animal carcases, meat products and dairy products).

146 (ii) Advise whether the use of bacteriophages may lead to a continual functioning in the food,
147 thereby protecting against recontamination or whether the effect can be expected to be short
148 lived with no continuing action effect in the final food.

149 **ACKNOWLEDGEMENTS**

150 The European Food Safety Authority wishes to thank the members of the Working Group for
151 the preparation of this opinion: Robert Atterbury, Sava Buncic (Chair), Aidan Coffey, Stefan
152 Hertwig, Simone Magnino, Christophe Nguyen-The, Juan Evaristo Suarez, and finally to Paul
153 Barrow for his participation as a Hearing Expert.

154 ASSESSMENT

155 1. Introduction

156 Modern microbial food safety assurance is based on a farm-to-fork principle that involves a
157 wide range of coordinated control measures applied at all relevant steps in the food chain. For
158 didactic reasons, such control measures can be grouped into two global approaches, “proactive”
159 or “reactive”. The former approach is of preventative nature and comprises hygiene-based
160 measures aimed at the total avoidance or minimisation of the microbial contamination of food.
161 The latter approach employs various treatments aimed at the elimination of microorganisms
162 that already contaminated the food. The “proactive” approach is universally and mandatorily
163 used, but can be complemented with the “reactive” approach in some situations within the
164 regulatory frame.

165 Based on the knowledge accumulated to date, it is assumed that currently available
166 decontamination treatments, generally, can only reduce the microbial contamination level in/on,
167 but cannot completely eliminate microbial pathogens from, foods. It is recognised that the
168 ultimate effectiveness of antimicrobial treatments, when assessed through the levels of
169 surviving microflora remaining on treated foods, depends on the initial microbial load to a great
170 extent. Better ultimate results of the antimicrobial treatment are achieved when applied to
171 cleaner foods. Furthermore, many factors affect the efficacy of antimicrobials, including the
172 concentration of the antimicrobial substance, duration of exposure, temperature, pH and
173 hardness of the water, firmness of bacterial attachment to the carcasses, biofilm formation and
174 the presence of fat or organic material in water
[175 \(\[http://ec.europa.eu/food/fs/sc/scv/out63_en.pdf\]\(http://ec.europa.eu/food/fs/sc/scv/out63_en.pdf\)\)](http://ec.europa.eu/food/fs/sc/scv/out63_en.pdf). A large number of different antimicrobial
176 treatments (“decontamination”) of foods, developed and applied mostly under experimental
177 conditions only and, comparably, rarely to a commercial application level, have been described
178 in the literature (Acuff, G.R., 2005; Bacon, R.T. *et al.*, 2000; Feirtag, J.M. and Pullen, M.M.,
179 2003; Guan, D. and Hoover, D.G., 2005; Huffman, R.D., 2002; Smulders, F.J. and Greer, G.G.,
180 1998; Sofos, J.N. and Smith, G.C., 1998).

181 Physical treatments include water treatments (cold or hot water washing/rinsing), electrolysed
182 water treatments, steam treatments (pasteurisation; sub-atmospheric; steam vacuum), high
183 pressure treatments, irradiation treatments (electron beam; gamma rays), electromagnetic
184 treatments (pulsed visible light; ultraviolet; microwave; infrared; dielectric or radiofrequency),
185 electric treatments (pulsed electric field) and gas plasma treatments.

186 Chemical treatments are based on the use of chlorine, organic acids (e.g. lactic, acetic, or citric
187 acid), peroxyacetic acids, acidified sodium chlorite, acidic calcium sulphate, activated
188 lactoferrin, trisodium phosphate, cetylpyridinium chloride, ozone and carbon dioxide.

189 In addition to their antimicrobial effectiveness, relevant aspects of physical and chemical
190 treatments also include issues concerning their undesirable effects. These include potential
191 changes of sensory qualities of foods (e.g. after heat or irradiation treatments) and a possibility
192 of residues remaining in the food (e.g. after chemical treatments). To minimize these risks, the
193 intensity of the treatments has to be limited, which limits their effectiveness. To overcome this
194 problem, different treatments can be used in a sequence, which may yield synergistic or additive
195 decontaminating effects termed as a “multiple hurdles” decontamination approach (Bacon, R.T.
196 *et al.*, 2000; Sofos, J.N. and Smith, G.C., 1998).

197 On the other hand, some treatments are based on “natural” antimicrobials, such as plant extracts
198 or microbial products (e.g. bacteriocins) that allow the manipulation of the microbial ecology of

199 foods. Furthermore, some antimicrobial treatment technologies involve the application of live
200 microorganisms e.g. “protective” bacterial cultures or bacteriophages to inhibit or eradicate
201 pathogenic and/or spoilage bacteria in/on foods. To this regard, the use of bacteriophages has
202 recently attracted a growing interest (Hudson, J.A. *et al.*, 2005) from researchers and industry as
203 well.

204 This Opinion deals only with bacteriophages-based treatments of food products, and its main
205 focus is on their mode of action when used for the most important types of foods of animal
206 origin (i.e. meat and meat products, milk and dairy products). The safety assessment of
207 bacteriophages will not be considered here.

208 **2. Biology of bacteriophages**

209 **2.1. Description, types of bacteriophages, and life cycle**

210 In the last years several multi-authored books on bacteriophages have been published, see for
211 example (Calendar, R., 2006; McGrath, S. and van Sinderen, D., 2007; Waldor, M.K. *et al.*,
212 2005); the reader is referred to them for comprehensive information on bacteriophage biology,
213 applications and problems associated to them. The information summarized bellow has been
214 taken from the previously mentioned books.

215 Bacteriophages (comes from the Greek for bacteria eaters) are the viruses of bacteria. Like all
216 other viruses they are intracellular obligate parasites. Their extracellular form (the virion)
217 behaves as an inert particle composed of a nucleic acid (usually double stranded DNA)
218 surrounded by a protein coat (the capsid). Most dsDNA bacteriophages present an injection
219 apparatus (the tail) to allow passage of the nucleic acid through the bacterial cell wall and
220 plasma membrane. Unlike animal viruses, enveloped bacteriophages are rare.

221 Bacteriophages are abundant in saltwater, freshwater, soil, plants and animals and they have
222 been shown to be unintentional contaminants of milk and even some commercially-available
223 vaccines and sera. They are also found in the human digestive and genitourinary tracts and even
224 in the skin. Furthermore, they were used as therapeutic agents almost since their discovery up to
225 the advent of antibiotics in the western countries and still are in Poland and many of the nations
226 that have arisen from dismemberment of the Soviet Union, for the treatment of internal and
227 superficial infections without any consistent record of adverse effects imputable to their use.

228 In general, virions are able to remain in the environment for long periods of time due to their
229 lack of metabolism. Consequently they are frequently an important cause of failures in the food
230 and drug fermentation industries due to the contamination of the raw materials and the factory
231 setting, which allows the infection of the starter cells. However, most bacteriophages tend to be
232 very susceptible to the exhaustion of divalent cations which are essential for the stability of
233 capsids, and to the attack of proteases, frequently produced by environmental microorganisms.
234 Ultimately, inactivated bacteriophage particles will be broken down into common biological
235 particles (amino acids and nucleosides) that are naturally absorbed back in the environment.

236 The encounter of the bacteriophage with its host is a random event and is followed by the
237 specific recognition between surface cell-receptors and bacteriophage anti-receptors located at
238 the tip of the tail. This implies that bacteriophages have narrow host ranges, rarely expanding
239 further than the species or genus level for Gram positive and Gram negative bacteria
240 respectively. Consequently, they are unable to infect eukaryotic cells.

241 Bacteriophages may follow a **lytic cycle**; and those that can only follow the lytic cycle are
242 known as **virulent** bacteriophages. Lysis of the host bacterial cell can occur as a result of two
243 possible mechanisms indicated below:

244 (i) “*Lysis from within*”. In this case, lysis of the host cell occurs as a result of phage
245 replication. The genetic material is the only component of the virion that enters into the host
246 cell, which may occur through injection (bacteriophages with contractile tails) or following the
247 enzymatic breakage of the cell wall. In both cases, the pore generated in the membrane will
248 affect its electric potential, although this harm is easily repaired. Once inside the cell, the
249 genetic material of the bacteriophage is replicated hundreds of times, the coat proteins are
250 synthesized and new particles are assembled that will constitute the viral progeny (usually
251 between several tens and a few hundreds per infected cell). Release of the progeny is the
252 consequence of the collaborative action of the holin, a hydrophobic polypeptide that forms
253 pores in the cell membrane, through which the lysin (a muramidase) reaches the cell wall, thus
254 provoking the lysis of the host-cell.

255 (ii) “*Lysis from without*”. In this case, lysis of the host cell occurs in the absence of phage
256 replication. This happens when a sufficiently high number of phage particles adhere to the cell,
257 and lyse it through alteration of the membrane electric potential, and/or the activity of cell-wall
258 degrading enzymes.

259 Some dsDNA bacteriophages, however, have the capacity to synthesize a repressor protein that
260 silences most bacteriophage genes and results in abortion of the lytic cycle. Under these
261 circumstances the bacteriophage DNA (the prophage) synchronizes its replication to that of the
262 host to be inherited by its offspring. In most cases this is brought about through integration of
263 the bacteriophage DNA into the host genome via site-specific recombination. This alternative
264 method of bacteriophage propagation is called the **lysogenic cycle** and the bacteriophages able
265 to pursue it are known as **temperate**.

266 The expression of the repressor gene throughout the lysogenic cycle leads to superinfection
267 immunity (i.e. the inability of newcomer related bacteriophage to develop in the host cell).
268 Frequently, temperate bacteriophages harbour other genes that are also expressed during
269 lysogeny. These may confer new properties on their hosts (lysogenic conversion) this being
270 especially relevant for those that encode virulence factors, such as the diphtheria toxin encoded
271 by the β bacteriophage of *Corynebacterium diphtheriae*, *bacteriophages of verocytotoxin-*
272 *producing E. coli* and many others.

273 Also, bacterial DNA can be transferred from cell to cell, inside viral capsids (transduction). The
274 extremes of the concatemers formed during the rolling-circle replication followed by most
275 dsDNA bacteriophages, are specifically identified to initiate packaging. In cohesive-end bearing
276 bacteriophages the terminase recognizes the same sequence at the end of the incoming genome
277 and introduces a staggered cut, so that the resulting outer extreme can be identified, thus
278 keeping a tight control of the DNA that enters the capsid. Other bacteriophages package as
279 much DNA as can be admitted into the capsid, which is usually more than the unit genome.
280 This results in circularly permuted molecules and in a more relaxed control of the DNA to be
281 packaged, reason why they tend to be better transductants than cohesive end bacteriophages.

282 Bacterial host cells are not defenceless against phage attack. The heavy burden put on the
283 susceptible bacteria may select cell variants that are refractory to bacteriophage infection
284 (bacteriophage insensitive mutants, BIMs). This is usually accomplished by loss, modification,
285 or masking of the bacteriophage receptors located at the cell wall. However, genes specifically
286 devoted to neutralize bacteriophage infection have been described in bacteria that are frequently
287 challenged by bacteriophages, such as fermentation starters. These genes comprise the ones
288 involved in restriction-modification (R-M systems) and in abortive infection (abi systems)
289 which inhibit specific steps of the cell metabolism upon infection, resulting in the inability of
290 the bacteriophage to generate a progeny and, usually, in death of the infected cell, thus blocking
291 spread of the infection. Resistance mechanisms identified so far are mainly plasmid encoded.

292 For more detailed information on resistance mechanisms, readers are referred to publications by
293 (Emond, E. *et al.*, 1997 ; Garcia, L.R. and Molineux, I.J., 1995 ; Hudson, J.A. *et al.*, 2005).

294 Bacteriophage treatments could provide the conditions for selection of bacteriophage-resistant
295 clones of the target bacteria, that could occupy niches in processing equipment/environment,
296 and continue to be a source of cross-contamination during food processing. A number of
297 strategies that may be used to overcome or limit resistance development have been indicated in
298 the literature, including the prevention of the recycling of the bacteriophages in the reservoir of
299 the pathogen by alternating use of different bacteriophages (either in a cocktail of several
300 bacteriophages, or in consecutive treatments).

301 While bacteria have developed specialized bacteriophage-defence mechanisms, phages also
302 continuously adapt to these altered host systems. Spontaneous mutations conferring
303 bacteriophage resistance may actually have deleterious effects on these bacteria, and not
304 necessarily confer an evolutionary advantage in the absence of phages. In one study, it was
305 found that bacteriophage-insensitive mutants revert to phage sensitivity in the absence of
306 selective pressure (O'Flynn, G. *et al.*, 2004).

307 2.2. General remarks on the mechanism (mode) of action of bacteriophages in foods

308 Bacteriophages generally exhibit a narrow host range, which is usually restricted to one genus
309 of bacteria (Ammann, A. *et al.*, 2008; O'Flaherty, S. *et al.*, 2005a), but more frequently
310 restricted to either a limited number of species within a genus or to a limited number of
311 bacterial strains within a species (Jarvis, A.W. *et al.*, 1991). The best virulent bacteriophages
312 for biocontrol applications are those with the broadest possible host range. These are termed
313 polyvalent bacteriophages (O'Flaherty, S. *et al.*, 2005a) or WHR (wide host range)
314 bacteriophages (Bielke, L.R. *et al.*, 2007) as they are usually active against many species within
315 a bacterial genus. Thus they can be applied to specifically target and eliminate that genus in
316 foods or other environments.

317 As bacteriophages rely on host bacteria to replicate, it is essential that they come in contact with
318 their bacterial host, and that they survive well in the environment until they do so. This stage in
319 the infection cycle can be considered an extracellular "search stage", which is constrained by
320 bacteriophage and host-cell migration rates and is also dependent on host-cell and
321 bacteriophage numbers. This stage is followed by bacteriophage adsorption, which combines
322 reversible bacteriophage binding, irreversible bacteriophage binding and bacteriophage genome
323 transfer into the host, which typically occurs rapidly following collision between a
324 bacteriophage particle and a bacteriophage-susceptible bacterium. Bacteriophage replication
325 within the bacterial cell and release of progeny bacteriophage, are dependent on the metabolic
326 status of the bacterial cell.

327 A variety of extrinsic factors can influence the ability of bacteriophages to adsorb onto and
328 infect their bacterial host. Among the most important are bacterial cell and bacteriophage
329 numbers. Much information on the use of bacteriophages to eliminate bacteria comes from
330 experiments where researchers have typically mixed a high titre of a single bacteriophage strain
331 with a single bacterial strain at about 10^7 or 10^8 cells per ml. Nevertheless, laboratory
332 experiments with coliphage T4, *Bacillus* and *Staphylococcus* bacteriophages have shown
333 bacteriophage propagation on bacterial cells occurred with as low as 10^4 host cells per ml
334 (Wiggins, B.A. and Alexander, M., 1985). Furthermore, studies with *Pseudomonas*
335 bacteriophages (Greer, G.G., 2006; Kokjohn, T.A. *et al.*, 1991) indicated bacteriophage
336 replication with as little as 10^2 target cells per ml. (O'Flynn, G. *et al.*, 2004) used a cocktail of
337 three different bacteriophages to treat beef contaminated with 10^3 CFU per g of *E. coli*
338 O157:H7; in the majority of samples, no viable *E. coli* cells could be retrieved after storage. In

339 the case of *Salmonella*, (Bigwood, T. *et al.*, 2008) also showed effective elimination of
340 *Salmonella* cells where 10^4 cells per g were employed. The above studies indicate that the
341 application of bacteriophages in food to eliminate undesirable bacteria, which may be present at
342 low numbers, could well be successful. However, this is likely to be dependent on the amount
343 of fluid present in the food, which will contribute to bacteriophage mobility.

344 Bacteriophage infection and replication is influenced by the physiological and nutritional status
345 of the host bacterium. Many bacteria undergo a variety of metabolic and structural changes in
346 stationary-phase conditions that facilitate long-term survival in hostile conditions (McCann,
347 M.P. *et al.*, 1991) and it is widely accepted that most bacteriophages cannot productively infect
348 stationary-phase bacteria (Brussow, H. and Kutter, E., 2004). Nevertheless, the existence of a
349 high abundance of bacteriophage in natural ecosystems (Bergh, O. *et al.*, 1989; Torrella, F. and
350 Morita, R.Y., 1979) would appear to disagree with this, as many bacteria are understood to be
351 in a physiological state similar to the stationary phase of growth. Indeed, one study clearly
352 showed bacteriophage replication, albeit at a reduced rate, on stationary-phase *E. coli* and
353 *Pseudomonas aeruginosa* cells (Schrader, H.S. *et al.*, 1997).

354 It is important to understand that the precise properties exhibited by one bacteriophage cannot
355 be assumed to be identical for other bacteriophages. Each bacteriophage will have its own
356 characteristic properties including host range, burst size, and ability to maintain its physical
357 integrity in different environments.

358 3. Bacteriophages in foods of animal origin

359 3.1. Ecology of bacteriophages in food (natural abundance)

360 Bacteriophages may be present on the surface of foods, including carcasses and meat, wherever
361 the bacterial host is or has been present. Bacterial hosts include intestinal and skin bacteria,
362 both pathogens and non-pathogens, colonising food animals. It is not surprising therefore that
363 bacteriophages have been found frequently on the surface of red and white meat, fish and other
364 foods. In addition, many fermented foods are likely to be contaminated with bacteriophages,
365 either from the environment or from the host bacteria themselves if these are lysogenic.

366 There is not an absolute correlation between the presence of bacteriophages and the target host
367 since the latter may be inactivated by processing.

368 Bacteriophages can be isolated from foods by their ability to lyse indicator bacteria. Where
369 these are not available samples may be tested for their ability to lyse the predominant bacteria
370 isolated from the samples, the so-called bacteriophage-host systems. This latter method is very
371 convenient although it will not necessarily detect bacteriophages which have been released
372 from lysogenised bacteria since the bacteria will normally be resistant to the bacteriophages
373 which have been released. In this case co-culture with an indicator organism is required, again
374 necessitating availability of an indicator.

375 Over a number of years bacteriophages have been studied in foods for a number of reasons,
376 including (i) their influence on spoilage bacteria and as a means to prevent this, (ii) as
377 indicators of contamination with intestinal/faecal bacteria, (iii) their detrimental effects on the
378 production of certain foods by fermentation, or (iv) the recent resurgence in interest in
379 bacteriophages for control of bacterial food-borne pathogens..

380 Early studies had the aim of using the presence of enteric bacteria or their bacteriophages (in
381 addition to enteric viruses) as an indication of faecal contamination with the advantage that
382 bacteriophage detection was a quicker process than bacterial culture. Poultry and pig meat has
383 the capacity to be contaminated extensively given the conditions prior to and immediately after

slaughter and the fact that skin is retained on the carcass. Very little published information is available for pork meat. In contrast there is evidence that bacteriophages active on *E. coli* and *Campylobacter* can be isolated frequently from poultry. Enteric bacteriophages have been isolated from poultry for these reasons (Hsu, F.C. *et al.*, 2002; Kennedy, J.E., Jr. and Bitton, G., 1987; Kennedy, J.E. *et al.*, 1986). Bacteriophage counts of between $<10^1$ and 6×10^2 PFU (plaque forming units) per g tissue were found in chicken, turkey or ground beef (Kennedy, J.E. *et al.*, 1986). In some cases pilus-specific bacteriophages have been sought (which may limit the range of bacteriophages and host organisms that can be detected) and these have been found in between 63% and 100% of samples of ground beef and chicken meat (Hsu, F.C. *et al.*, 2002). Coliphages were isolated from between 69 and 88% samples and *Salmonella* bacteriophages were found in 65% samples (Hsu, F.C. *et al.*, 2002). The study by (Atterbury, R.J. *et al.*, 2003b) included a validation of the method of isolation indicating that recovery of *Campylobacter jejuni* bacteriophages inoculated experimentally on to fresh or frozen chicken skin remained constant at 42-44% over a 6 day period thereafter falling to 17% by day 10. The method, using a standard indicator strain, was also sensitive enough to detect ca. 10^3 PFU/cm² of skin. Recovery decreased markedly from 100% immediately after inoculation to 22% following refreezing and thawing. Given the poor growth of *C. jejuni* at refrigeration temperatures it is not surprising that bacteriophage recovery was not affected by the presence of *C. jejuni* on the skin surface. *Campylobacter* bacteriophages were recovered from 11% of 300 skin samples. The recovery rates were 79% for free-range chickens and 15% and 6% for standard and economy products. The mean bacteriophage numbers isolated were 4.6×10^5 PFU/cm² (range, 1×10^2 to 4×10^6). Bacteriophage recovery from skin from frozen chicken was not successful. A more recent study (Tsuei, A.C. *et al.*, 2007) demonstrated isolation of coliphages from 90.2% of 51 samples of chicken skin in a study from New Zealand. Most bacteriophage counts were in the range of 1-10 PFU/g with the highest count 2.6×10^2 PFU/g. The figure for *C. jejuni* bacteriophages was 0% for skin samples and 28.2% for whole bird rinses.

No studies have been carried out on the relationship between numbers of specific bacteriophages present in the intestine and which are active on bacteria such as lactobacillus and the obligate anaerobes, and their number on skin after slaughter or during retail.

A number of other early studies have shown bacteriophages active on *Pseudomonas* spp., psychrotrophic bacteria, *Staphylococcus aureus*, enterobacteria, including *E. coli* and *Salmonella*, to be isolated from poultry, red meat, fish and shellfish and raw milk (see (Kennedy, J.E., Jr. and Bitton, G., 1987) for review) in addition to fermentation products derived from milk, including cheese (Gautier, M. *et al.*, 1995; Suarez, V.B. and Reinheimer, J.A., 2002).

As a result of storage of meats and other foods at low temperature isolation of bacteriophages from such products has been largely confined to psychrotrophic bacteria that can be isolated from and are associated with spoilage of chilled meats. Thus (Greer, G.G., 1983) isolated a total of 21 virulent bacteriophages active on a wide range of strains of *Brocothrix thermosphacta* from steak rib washings. (Whitman, P.A. and Marshall, R.T., 1971b) used the bacteriophage-host system to study a variety of refrigerated products. Bacteriophages which were active on the host bacteria isolated from the same sample were isolated from ground beef (11/17 samples), pork sausage (4/7), chicken (4/8), raw skim milk (2/5), oysters (1/1), but they were not isolated from 2 samples of egg white and 5 samples of luncheon meat. In most cases more than one bacteriophage type was isolated from each sample. The range of bacteriophage counts was wide between $<10^2$ PFU/g to 6.3×10^7 PFU/g. Bacterial counts were greater than 2.2×10^5 CFU/g in all except one sample. The bacteriophages were fairly specific, generally lysing only the hosts on which they were isolated which were *Pseudomonas*, enterobacteria or *Leuconostoc* spp..

432 Similar studies were carried out by (Delisle, A.L. and Levin, R.E., 1969) with bacteriophage-
433 hosts systems involving *Pseudomonas* isolated from fish meat.

434 It is unclear whether the primary source of bacteriophages on seafood is the resident microflora
435 of the organisms at catch or from the processing environment. Bacteriophages have been
436 isolated from mussels and oysters (Croci, L. *et al.*, 2000; Kennedy, J.E. *et al.*, 1986). Oysters
437 contained $<10^1$ PFU/g coliphages and similar numbers of *E. coli*.

438 Bacteriophages have also been isolated from processed meats including sausage although it is
439 again unclear whether this is a result of contamination during processing (Whitman, P.A. and
440 Marshall, R.T., 1971a, b). (Kennedy, J.E. *et al.*, 1986) found low numbers of bacteriophage
441 ($<10^2$ PFU/100g and $<10^3$ PFU/100g respectively) from luncheon meat and chicken pot pie.

442 3.2. Use of bacteriophages in the biocontrol of microorganisms in food

443 Bacteriophages can be used following two different approaches, in a passive or in an active
444 treatment.

445 (i) used in a passive treatment

446 In this approach bacteriophages are added in sufficient quantities to overwhelm all target
447 organisms by primary infection, or by lysis from without. Although much higher numbers of the
448 bacteriophages are required, they should be able to eliminate even sparse populations of
449 susceptible bacteria. One other advantage of this approach is that, since much of the effect is a
450 result of lysis from without, natural resistance due to restriction enzymes present in host
451 bacteria will not be an issue. Since the attachment antigen may be shared between several
452 bacterial taxa which may not normally be susceptible to bacteriophage multiplication, the use of
453 this method can widen the range of susceptible bacteria

454 (ii) used in an active treatment

455 A relatively small dose of bacteriophages may be required for efficacious elimination of the
456 undesirable bacteria, since most are killed by secondary infections due to replication and
457 transmission from neighbouring organisms. This is dependent on the bacteriophages being able
458 to spread between susceptible bacterial hosts, which may be hindered by the surrounding
459 material being viscous or by the presence of outnumbering inert bacteria.

460 The timing of bacteriophage application appears to be important in active treatment, and the
461 host cells must be in excess of a predicted critical replication threshold to propagate enough
462 bacteriophages to kill all target cells. If this threshold is not reached the bacteriophages are
463 unable to multiply and may disappear.

464 Three scenarios have been proposed for the use of bacteriophages in biocontrol:

465 (a) control of pathogenic bacteria in foods

466 (b) prevention of bacterial food spoilage

467 (c) reduction of antibiotic resistance by suppressing resistance gene expression by using
468 bacteriophages to deliver antisense DNA. This is purely in the experimental phase.

469 Bacteriophages used for the first application (a) usually originate from non-food sources where
470 the pathogens may also be found, such as waste water, faeces, sewage, soil etc.; those used for
471 the second application (b) generally derive from foods and food-processing environments. Most
472 data available to date come from experimentally inoculated foods in laboratories, and in many
473 of the experiments, optimum control of pathogens were achieved at high multiplicity of
474 infection values (ratio of bacteriophage to target bacteria).

475 **3.2.1. Examples of use in dairy products**

476 Bacteriophages are naturally present in raw milk as reported by (Bruttin, A. *et al.*, 1997;
477 Quibroni, A. *et al.*, 2006). These bacteriophages were identified as a result of their potential
478 role in lysing starter cultures used in dairy fermentations. The presence of bacteriophages that
479 target the genera *Streptococcus*, *Lactobacillus* and *Lactococcus* is a problem in dairy
480 fermentations (Sturino, J.M. and Klaenhammer, T.R., 2004). In addition to the wide body of
481 research on this industrially important bacteriophage issue, a number of studies have been
482 carried out where bacteriophages, which are inhibitory to pathogenic or spoilage bacteria have
483 been deliberately added with the intention of demonstrating their efficacy in eliminating
484 undesirable bacteria from dairy products. These are described below. Interestingly, two papers
485 report observations that bacteriophage were unable to lyse their target bacteria in raw milk
486 (Gill, J.J. *et al.*, 2006; O'Flaherty, S. *et al.*, 2005b) due to heat-labile factors present in raw
487 milk, but which were inactivated in pasteurized milk. (O'Flaherty, S. *et al.*, 2005b) proposed
488 that the inhibition was due to immune factors present in milk which brought about
489 agglutination of the bacterial cells rendering them inaccessible to the bacteriophages.

490 On the topic of longevity of phages in milk, one recent study showed that phage preparations
491 constituted in milk-based formulations were protected from physical damage brought about by
492 UV irradiation and other factors associated with phage survival on leaf surfaces such as
493 dessication and temperature (Iriarte, F.B. *et al.*, 2007). Phages generally survived longer when
494 composed in the formulation, which contained 7.5g/L skim-milk powder. For example, in the
495 absence of formulation, fluorescent light eliminated phage within two weeks. In the presence of
496 the formulation the reduction in phage numbers was eliminated (Iriarte, F.B. *et al.*, 2007). It is
497 noteworthy that sugar and protein have long been known to have a protective effect on phage
498 (Ehrlich, R. *et al.*, 1964; Prouty, C.C., 1953).

499 Studies where bacteriophage have successfully been used to inhibit undesirable bacteria in milk
500 and dairy products include those by (Ellis, D.E. *et al.*, 1973) and (Patel, T.R. and Jackman,
501 D.M., 1986) who showed that bacteriophage could reduce the numbers of the psychrotrophic
502 *Pseudomonas* in milk. In a different study focusing on staphylococci, the anti-staphylococcal
503 bacteriophages employed were found to be very stable and active in decreasing numbers of this
504 bacterium. They were more effective during enzymatic (rennet) manufacturing of curd than
505 during acid curd manufacturing (Garcia, P. *et al.*, 2007) suggesting that pH had a negative
506 effect on bacteriophage activity in this case. In another study, addition of anti-*Salmonella*
507 bacteriophages to cheese milk was shown to reduce the numbers of *Salmonella Enteritidis* in
508 cheese made from both raw and pasteurised milk (Modi, R. *et al.*, 2001). In the case of
509 *Enterobacter sakazakii*, bacteriophages were able to effectively suppress the growth of this
510 pathogen in reconstituted infant formula milk both at 24 and 37°C (Kim, K.P., 2007). Another
511 example is the pathogen *Listeria monocytogenes* which is a significant problem in many dairy
512 products, especially raw-milk cheeses. In this research, treatment with anti-*Listeria*
513 bacteriophage lead to complete eradication of this pathogen in soft cheese (Carlton, R.M. *et al.*,
514 2005) and in mozzarella cheese (Guenther, S. and Loessner, M.J., 2006). *Listeria* disappeared
515 to titers below the detection limit up to 21 d after cheese packaging when applying
516 bacteriophage frequently and at a high dose (Schellekens, M.M. *et al.*, 2007). These studies all
517 indicate a strong potential for success when applying bacteriophages to eliminate undesirable
518 bacteria in milk and dairy products.

519 Another interesting study looked at the possibility of deliberately applying bacteriophages,
520 which targeted lactic acid bacteria, to mediate lysis of specific components of a cheese starter
521 culture. The aim here was to bring about release of intracellular bacterial enzymes into the
522 cheese curd: namely peptidases and lipases, which are known to generally have a positive

523 impact on cheese flavour during cheese ripening. This approach was demonstrated by (Crow,
524 V.L. *et al.*, 1995). In the same context, a study by (O'Sullivan, D. *et al.*, 2000) demonstrated
525 that a wide range of dairy starter cultures associated with autolysis (and thus good flavour
526 characteristics) in cheese curd harboured prophage determinants. It was proposed that the
527 “cooking” stage of cheese manufacture brought about prophage induction and release of
528 bacteriophages (and thus cell lysis) into the cheese curd. Note, the “cooking” stage typically
529 involves heating the curd to 40°C in the fermentation tank. “Cooking”-induced lysis of a starter
530 culture with concomitant detection of bacteriophage particles by electron microscopy was
531 demonstrated by (Feirtag, J.M. and McKay, L.L., 1987).

532 **3.2.2. Examples of use in carcasses, meats and meat products**

533 Bacteriophages have been applied to meat and meat products with the main aim of selectively
534 reducing target populations of pathogenic or spoilage bacteria. Although the application of
535 bacteriophages as a biocontrol has been investigated in a variety of food matrices, most studies
536 have focussed on chicken, beef and pork. Some mathematical models of phage-host interactions
537 suggest that a minimum density of host cells is required in order to support phage replication
538 and significantly reduce the target population of bacteria (Payne, R.J. and Jansen, V.A., 2001;
539 Payne, R.J. *et al.*, 2000). One study concluded that bacteriophages do not affect the number or
540 activity of bacteria in liquid environments where the population density of the host species is
541 below approximately 10⁴ CFU per ml (Wiggins, B.A. and Alexander, M., 1985). However,
542 these conclusions are not universally accepted (Kasman, L.M. *et al.*, 2002) and studies on the
543 control of spoilage bacteria on meat surfaces suggest that bacteriophages can be effective
544 biocontrol agents when the population of host cells is as low as 46 CFU per cm² (Greer, G.G.,
545 1988). These conflicting findings may be a result of factors such as different phage/host
546 combinations, the matrix used, the presence of non-host decoys (i.e. particles to which the
547 phage will attach, other than the bacterial host) or the assumptions made when modelling. As
548 such, the efficacy of phage-based biocontrol should be determined empirically on a case-by-
549 case basis as the predictive power of current mathematical models is limited.

550 3.2.2.1. Examples of use in chicken products

551 Poultry products have arguably been the most widely-used meats to study the efficacy of
552 bacteriophage-mediated biocontrol in foods. Members of the *Campylobacter* and *Salmonella*
553 genera have been the most frequently targeted pathogens on chicken meat. Significant
554 reductions in *C. jejuni* and *S. Enteritidis* numbers following phage treatment have been
555 recorded on artificially contaminated chicken skin (Atterbury, R.J. *et al.*, 2003a; Goode, D. *et*
556 *al.*, 2003). Freezing of the chicken skin after the application of phage was more effective in
557 reducing *C. jejuni* numbers than either treatment used independently (Atterbury, R.J. *et al.*,
558 2003a). In an effort to represent a more accurate distribution of pathogens on the surface of
559 chicken carcasses, (Atterbury, R. *et al.*, 2006) took skin sections from slaughtered chickens
560 which had been experimentally infected with *S. Enteritidis* or *Typhimurium* during rearing. The
561 application of a high titre phage suspension reduced *S. Enteritidis* numbers to below detectable
562 levels in the majority of contaminated skin sections. A significant reduction in the proportion of
563 broiler chicken and/or turkey carcasses contaminated with *Salmonella* following phage
564 treatment was reported by (Higgins, J.P. *et al.*, 2005) and (Chighladze, E. *et al.*, 2001). The
565 higher bacteriophage titres used in these experiments were generally much more effective in
566 reducing *Salmonella* numbers than the lowest titres. A small number of studies have examined
567 the efficacy of bacteriophages against *Salmonella* in chicken portions and processed products.
568 Bacteriophages have been used to reduce numbers of *S. Typhimurium* DT104 inoculated onto
569 chicken legs (Kostrzynska, M. *et al.*, 2002) and chicken sausages (Whichard, J.M. *et al.*, 2003).

570 3.2.2.2. Examples of use in beef products

571 Studies using bacteriophages to treat beef products have targeted both spoilage and pathogenic
572 bacteria. Spoilage organisms such as *Pseudomonas* spp. have been controlled on artificially-
573 contaminated beef surfaces using bacteriophages, with a concomitant increase in the shelf life
574 of the product (Greer, G.G., 1982, 1986). However, experiments using bacteriophages to treat
575 meat surfaces naturally-contaminated with *Pseudomonas* have thus far proved unsuccessful
576 (Greer, G.G. and Dilts, B.D., 1990). (O'Flynn, G. *et al.*, 2004) and (Abuladze, T. *et al.*, 2008)
577 were able to significantly reduce the numbers of *E. coli* O157 on artificially-contaminated beef
578 surfaces and ground beef respectively following phage treatment. The control of *Listeria*
579 *monocytogenes* in meats raises additional difficulties due to the ability of this pathogen to grow
580 at low temperatures. In a study by (Dykes, G.A. and Moorhead, S.M., 2002), bacteriophages
581 alone had no effect on the growth of *L. monocytogenes* in beef broth at 4°C. However, an
582 enhanced effect was seen when bacteriophages and nisin were combined, although this could
583 not be replicated on a vacuum-packed beef model. (Bigwood, T. *et al.*, 2008) investigated the
584 use of bacteriophages against *Salmonella* Typhimurium and *Campylobacter jejuni* in cooked
585 and raw meat at different temperatures. The greatest reduction in *Salmonella* numbers was
586 obtained when both the population density of target bacteria and multiplicity of infection were
587 high. The incubation temperature also appeared to be important, with greater reductions in
588 pathogen numbers occurring at higher temperatures (~24°C). The reduction in pathogen
589 numbers following phage treatment could be maintained for up to eight days when the meat
590 samples were incubated at 5°C. This was despite no recorded increase in phage numbers after
591 24 h.

592 3.2.2.3. Examples of use in pork products

593 Relatively few studies have used pork as a model for phage treatments. Bacteriophages have
594 been used to significantly reduce the growth of *Brochothrix thermosphacta* on pork adipose
595 tissue over two days (Greer, G.G. and Dilts, B.D., 2002). However, prolonging incubation of
596 the phage-treated tissue samples to ten days resulted in the growth of BIMs. A recent study
597 demonstrated that phage could significantly reduce the numbers of *Listeria* on hot dogs
598 (Guenther, S. *et al.*, 2009). The largest reductions in *Listeria* were recorded when the highest
599 titres of phage were applied. The bacteriophages remained viable on the food surface for six
600 days when stored at 6°C, with only a negligible reduction in titre during this period.

601 3.2.2.4. Examples of use in seafood

602 There are few examples of bacteriophage treatments in seafood. One study reported significant
603 reductions in *Listeria monocytogenes* in mixed seafood following phage treatment and
604 incubation at 6°C for six days (Guenther, S. *et al.*, 2009). A small reduction in *L.*
605 *monocytogenes* was also achieved on the surface of smoked salmon following phage treatment.
606 However, this reduction was not sustained over the six days of incubation. Generally speaking,
607 higher phage numbers applied to the food surface resulted in greater reductions in pathogen
608 numbers. Similar findings were reported by (Hagens, S. and Loessner, M.J., 2007) who
609 demonstrated that the application of a high titre phage suspension could result in appreciable
610 reductions in *Listeria* numbers in artificially-contaminated salmon. The application of lower
611 phage titres did not lead to reductions in *Listeria* numbers.

612 3.2.2.5. Examples of use in food processing environments

613 A limited number of studies have investigated the use of bacteriophages to control pathogen
614 numbers in processing plants or metallic surfaces. This could be particularly important in high-

throughput meat processing plants which receive animals from a wide geographical area (e.g. large broiler chicken processors) and are difficult to thoroughly clean and disinfect. Due to its propensity for growth at low temperatures and incorporation into biofilms, *Listeria monocytogenes* has been the focus of bacteriophage treatment of biofilms in food processing plant surfaces. (Hibma, A.M. *et al.*, 1997) showed that the formation of *Listeria* biofilms on metal discs was reduced in the presence of phage. Moreover, phage treatment was as effective as 130 ppm lactic acid at removing *Listeria* from mature biofilms. Similar findings were reported by (Roy, B. *et al.*, 1993) who found that the numbers of *Listeria* in biofilms on stainless steel discs could be reduced significantly following phage treatment. The combined use of bacteriophages and a disinfectant further reduced *Listeria* numbers in the biofilm by approximately 100-fold.

4. Factors affecting the survival of bacteriophages in foods and food-processing facilities

While some bacteriophages may degrade during storage, it is impossible to generalize on their ability to survive intact independently of their host bacterium. This needs to be defined for individual bacteriophages, as do all their properties (Carlton, R.M. *et al.*, 2005). In one study by (Guenther, S. *et al.*, 2009), survival of *Listeria* bacteriophages was described. On most foods, these bacteriophages appeared very stable (maximum decrease of infectivity 0.6 logs). The added bacteriophages retained most of their activity during storage of foods of animal origin, whereas plant material caused inactivation by more than one log₁₀. It is important to mention that although bacteriophage were sometimes not inactivated, they were apparently immobilized relatively soon after addition to non-liquid foods and therefore became inactive by limited diffusion (Guenther, S. *et al.*, 2009).

Bacteriophages have no metabolism and inactivation is likely to follow first order kinetics, although rates of inactivation will differ depending on various factors. The conditions of relevance are those to which food is subjected post-slaughter and during processing. Survival and persistence may be affected by a combination of physical factors such as pH, temperature, water content etc. in association with food composition including fat, sugar, protein and salt content. Thus in the same way that *Streptococcus cremoris* (*Lactococcus lactis* subsp *cremoris*) bacteriophages are more heat-resistant in milk than in broth (Koka, M. and Mikolacjik, E.M., 1967), survival on carcasses or in meat is also likely to be enhanced by close association with host proteins.

The aims of studies determining bacteriophage survival, are to look at persistence of naturally contaminated and applied bacteriophages, so that they would remain protective during processing and prevent re-contamination.

4.1. pH

A number of studies have indicated that bacteriophages are generally stable between pH 5 and 8, this being broadened to a pH range between 4 and 10 at lower temperatures (Adams, M.H., 1959). In a study to determine stability following oral administration to calves, survival at between 3.5 and 6.8 in milk whey was found, followed by increasingly rapid inactivation below pH 3 (Smith, H.W. *et al.*, 1987). pH is also likely to be relevant to survival in fermented foods..

4.2. Temperature

Thermotolerance of bacteriophages is in correlation with the environment/host system from which they are derived. Thus bacteriophages found in cheese and yoghurt tend to be highly

thermotolerant, whereas those from psychrotrophic bacteria are less so (Hudson, J.A. *et al.*, 2005). Inactivation of coliphages takes place between 60° and 75°C depending on the surrounding medium (Adams, M.H., 1959). Bacteriophages are generally more thermotolerant than the host bacteria indicating that they may survive after the host bacteria has been killed. T4 bacteriophages were fed to crabs which were then boiled for 5 min; the internal temperature reached 70°C with 80% inactivation of the bacteriophages. However, 2.5% of bacteriophage survived 20 min at an internal temperature at 84°C (DiGirolamo, R. and Daley, M., 1973). Bacteriophages can survive the pasteurisation process this being bacteriophage strain dependent (Suarez, V.B. and Reinheimer, J.A., 2002).

Bacteriophage activity is generally only evident when the environmental and nutritional conditions are conducive to growth of the host. At refrigeration temperatures growth rates of enteric pathogens may be much lower and the length of the bacteriophage infection cycle, including the latent period, will be longer. However, psychrotrophic bacteriophages may multiply on their hosts at 1°C (Greer, G.G., 1982, 1988, 2005). Furthermore, bacteriophage multiplication on the host whilst on the carcass is not necessary for lysis from without. In addition, early studies showed that at 0°C abortive infections occur in 80% of bacteriophage T2 absorption events (Adams, M.H., 1955). Although there is now evidence of bacteriophage activity by lysis from without, a more detailed determination of the exact nature of the relationship between host and bacteriophage would assist in defining the optimal conditions for their activity at low temperatures.

There is experimental evidence for survival of *Salmonella* bacteriophages on chicken skin for 48 h at 4°C (Goode, D. *et al.*, 2003), and of *C. jejuni* bacteriophages on chicken skin for up to 10 d at 4°C (Atterbury, R.J. *et al.*, 2003b). Survival at low temperature may also be of value, since the bacteriophages can enter the lytic cycle once products are warmed or ingested (Greer, G.G. and Dilts, B.D., 1990). Survival on cheeses at 14°C for several days has also been reported (Schellekens, M.M. *et al.*, 2007).

4.3. Light

Bacteriophages are inactivated exponentially by ultra violet light at variable rates (Adams, M.H., 1959) which is probably the reason for inactivation by sunlight in water. This is generally due to DNA damage which may also be repaired after infection by bacterial DNA repair mechanisms. In another study by (Iriarte, F.B. *et al.*, 2007), fluorescent light eliminated *Xanthomonas* bacteriophages within 2 weeks.

4.4. Osmotic shock and pressure

Osmotic shock generally produces bacteriophage ghost particles, in which the DNA has been lost (Adams, M.H., 1959). This would affect the ability to multiply in the host bacterial cell, but not to attach and cause lysis from without..

4.5. Disinfectants and other chemicals

A number of antiseptic chemicals inactivate bacteriophage particles rapidly, including peracetic acid, ethanol and sodium hypochlorite (Binetti, A.G. and Reinheimer, J.A., 2000; Suarez, V.B. and Reinheimer, J.A., 2002). Although bacteriophages are generally more resistant than bacteria to inactivation by chemical and physical stresses, there is a wide range of resistance to chlorine amongst coliphages (Kennedy, J.E., Jr. and Bitton, G., 1987). Bacteriophages are more resistant than *E. coli* to waste water treatment. It seems likely

702 therefore, that bacteriophages could become persistent in processing plants and that disinfection
703 regimens may need to be developed to monitor efficacy of their application in the food industry.

704 **4.6. Other factors**

705 Information on the effects of fermentation, freeze-drying or irradiation on bacteriophage
706 stability is scarce. A proportion of bacteriophages survive in fermented sausage. Freeze-drying
707 reduces titres initially but the lower titres persist for many weeks. Bacteriophages are more
708 resistant to gamma irradiation than are the host bacteria (see (Kennedy, J.E., Jr. and Bitton, G.,
709 1987) for review). The food matrix can have an important protective effect on bacteriophages.
710 For instance, a milk-based formulation protected a bacteriophage against dessication and UV
711 (Iriarte, F.B. *et al.*, 2007).

712 **4.7. Interpretation of industry data**

713 Two types of experiments were presented in the documents provided by Industry to test the
714 stability and persistence of activity of bacteriophage applied on foods.

715 (i) Stability measured after recovery of the bacteriophage from the inoculated foods.

716 The bacteriophage P100, isolated from sewage effluents from a dairy plant, was tested in soft
717 cheese to control *Listeria monocytogenes* (Carlton, R.M. *et al.*, 2005). One day after cheese
718 making, the rind was inoculated with *L. monocytogenes* and the bacteriophage was spread on
719 the surface of the cheese rind to achieve 6×10^7 pfu/cm². The cheeses were kept at 14°C for
720 ripening, then at 6°C during storage. The bacteriophage numbers recovered from the cheese
721 surface by homogenisation of the rind was then measured every day until day 6. The authors
722 reported no decrease or increase in the bacteriophage number over this period. Industry
723 technical reports (for details see section *Documents provided to EFSA*), not published in the
724 scientific literature, concerned a commercial preparation of the bacteriophage P100 (Listex™)
725 and gave more details on the stability of P100 on soft cheese surfaces. The bacteriophage
726 numbers, initially around 6×10^7 pfu/cm², remained stable until day 9, and then decreased to
727 approximately 5×10^6 pfu/cm² until the end of the experiment at day 21. In one study by
728 (Guenther, S. *et al.*, 2009), survival of two *Listeria* bacteriophages (including P100 as in the
729 works cited above) was described. On all foods of animal origin tested (meat, dairy and
730 seafoods), these bacteriophages appeared very stable over the 6 days at 6°C tested (maximum
731 decrease of infectivity 0.6 logs). In contrast, on lettuce and cabbage bacteriophages were
732 inactivated by more than one log₁₀.

733 (ii) Persistence of the activity of the bacteriophage on the food surface.

734 The technical reports described the activity of the bacteriophage P100 against *L.*
735 *monocytogenes* on the surface of soft cheese and meat products (ham and turkey breast).
736 (Guenther, S. *et al.*, 2009) studied P100 and another bacteriophages on meats, dairy products,
737 seafoods and fresh-cut vegetables. In all these works, *L. monocytogenes* was initially inoculated
738 on the foods at levels around 10³ cfu/g. The bacteriophages added at the start of the experiment
739 at levels around 10⁸ pfu/cm² or g, reduced *L. monocytogenes* by 10-fold to 1000-fold within the
740 first day of incubation. The surviving fraction of *L. monocytogenes* started growing after 1 to 3
741 days in the case of solid foods, depending on the food and the incubation temperature, at the
742 same rate as the control, not treated with the bacteriophage. These growing bacteria were not
743 resistant to the bacteriophages. These results indicate that the bacteriophages rapidly lost their
744 activity against the residual population of *L. monocytogenes*. On cheese, growth started only
745 after 6 days. However, until 6 days the cheese pH was presumably too low for *L.*
746 *monocytogenes* growth.

747 Association of both experiments i) and ii) (Guenther, S. *et al.*, 2009) shows that although
748 bacteriophages rapidly lost their effect on the target bacteria on food surfaces, they were still
749 active when recovered and tested outside the food. Therefore, bacteriophages were not
750 inactivated, they were apparently immobilized relatively soon after addition to non-liquid foods
751 and therefore could not come into contact with the surviving bacteria by limited diffusion
752 (Guenther, S. *et al.*, 2009). However, whether these immobilized, but still active,
753 bacteriophages could lyse target bacteria re-inoculated on the foods was not tested.

754 In conclusion, the documents provided by industry show that the methods used to measure the
755 persistence of the bacteriophage (either persistence of the activity of the bacteriophage on the
756 food or stability of the bacteriophage on the food) may give different results. With regards to
757 the terms of reference of the mandate addressed in this opinion, it should be stressed that ability
758 of the bacteriophages to protect the food against re-contamination with the target bacteria was
759 not tested.

760 **CONCLUSIONS AND RECOMMENDATIONS**

761 **CONCLUSIONS**

763 **Conclusions relating to the mode of action expected from the use of bacteriophages
764 solutions on food of animal origin (including but not exclusively use on animal carcasses,
765 meat products and dairy products). Terms of Reference number 1.**

- 766 • Bacteriophages may be virulent or temperate. Upon infection, the first group kills their host
767 bacteria, so they are the ones of choice for bacteriophage-based food decontamination.
768 Temperate bacteriophages do not always kill their hosts, and may confer unforeseen
769 properties to their host bacteria.
- 770 • Bacteriophages can induce lysis of the bacterial host-cell by “*lysis from within*” and/or
771 “*lysis from without*”.
- 772 • Bacteriophages have narrow host-ranges, generally restricted to either a limited number of
773 species within a genus, or to a limited number of bacterial strains within a species.
- 774 • While bacteriophage replicate best on growing bacterial cells, they have also been shown to
775 reproduce on stationary phase cells.
- 776 • The ratio of bacteriophages to host cells is critical to the success of bacteriophage treatment.
777 The higher this ratio, the greater the reduction in the target bacterial population.
- 778 • Naturally occurring bacteriophages have a broad range of habitats and may be isolated in
779 considerable numbers from meat, milk and products thereof.
- 780 • Some bacteriophages, under specific conditions, have been demonstrated to be very
781 effective in the targeted elimination of specific pathogens from meat, milk and products
782 thereof.

783 **Conclusions relating to whether the use of bacteriophages may lead to a continual
784 functioning in the food, thereby protecting against recontamination or whether the effect
785 can be expected to be short lived with no continuing action effect in the final food. Term
786 of reference 2.**

- 787 • Bacteriophages in the environment behave as inert particles and tend to persist longer than
788 their hosts. However, their long-term antibacterial activity is compromised on dry surfaces.
- 789 • The persistence in/on food varies with each bacteriophage, and with the conditions of
790 application, including dose, and physical and chemical factors associated with the food
791 matrix.
- 792 • Refrigeration temperatures enhance persistence of bacteriophages on the surface of meat
793 and on/in dairy products.
- 794 • Based on data currently available in peer-reviewed literature, it cannot be concluded
795 whether bacteriophages are able or unable to protect against recontamination of food with
796 bacterial pathogens. This is likely to vary with each bacteriophage, each food matrix, and
797 with conditions of application including environmental factors.

798 **RECOMMENDATIONS**

- 799 • In order to assess the issue of bacteriophage persistence in foods, and their ability to prevent
800 recontamination with bacterial pathogens, research for specific bacteriophage-pathogen-
801 food combinations should be encouraged.
- 802 • If bacteriophages treatments are to be used for removal of surface contamination of foods of
803 animal origin, then it is recommended that a Guidance Document on the submission of data
804 for their evaluation is provided.

805 **DOCUMENTATION PROVIDED TO EFSA**

- 806 1. Which path to go? Carl von Jagow and Tobias Teufer EFLL 3/2007 p136
- 807 2. The great puzzle, Bacteriophages in the production of foodstuffs: a legal introduction (In
808 DE with EN translation)
- 809 3. Carlton et al. Regulatory Toxicology and Pharmacology 43 (2005) 301-312
- 810 4. 'The Bacteriophages preparation Listex P100 has no effect on the final product' Dr Steven
811 Hagens September 2007
- 812 5. Bacteriophages: brief background information (classification, omnipresence, lytic cycle)
- 813 6. Listex P100: Legal status (input from Mr Schipper, Chairman Dutch Expert Committee on
814 Food Labelling)
- 815 7. Legal opinion on the application of Listex P100 as a processing aid for foodstuffs, Dr Carl
816 von Jagow, Krohn Rechtsanwalte, Sept 2005
- 817 8. Persistence and inactivation of bacteriophages, Prof Dr Martin Loesner, ETH Sept 2006
- 818 9. Technical background information on rapid inactivation through adsorption of LISTEX
819 P100 bacteriophages

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