

1 **DRAFT SCIENTIFIC OPINION**

2 **Guidance on the data required**  
3 **for the risk assessment of flavourings<sup>1</sup>**

4 **EFSA Panel on Food Contact Materials,**  
5 **Enzymes, Flavourings and Processing Aids<sup>2,3</sup>**

6 European Food Safety Authority (EFSA), Parma, Italy

7 **ABSTRACT**

8 This Opinion follows a request from the European Commission for the data required for the risk  
9 assessment of flavourings.

10 The approach presented takes into account the experience from the previous evaluation programme of  
11 flavouring substances.

12 **KEY WORDS**

13 Flavourings, guidelines, risk assessment, dietary exposure.  
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2 Panel members: Arturo Anadon, David Bell, Mona-Lise Binderup, Wilfried Bursch, Laurence Castle, Riccardo Crebelli, Karl-Heinz Engel, Roland Franz, Nathalie Gontard, Thomas Haertle, Trine Husøy, Klaus-Dieter Jany, Catherine Leclercq, Jean Claude Lhuguenot, Wim Mennes, Maria Rosaria Milana, Karla Pfaff, Kjetil Svensson, Fidel Toldra, Rosemary Waring, Detlef Wölflle. Correspondence: cef@efsa.europa.eu

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16 **SUMMARY**

17 Following a request from the Commission, the Scientific Panel on Food Contact Materials, Enzymes,  
18 Flavourings and Processing Aids was asked to provide scientific advice regarding the data required for  
19 the evaluation of flavourings.

20 Part A of this Opinion provides a proposal concerning the data required for the risk assessment of  
21 flavouring substances, i.e. chemically defined substances with flavouring properties.

22 Part B of this Opinion provides a proposal concerning the data required for the risk assessment of  
23 flavouring preparations obtained from material of vegetal, animal or microbiological origin, other than  
24 food, by appropriate physical, enzymatic or microbiological processes, the material being taken as  
25 such or prepared by one or more of the traditional food preparation processes listed in Annex II of the  
26 Regulation.

27

DRAFT

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65 **BACKGROUND AS PROVIDED BY THE COMMISSION**

66 On 16 December 2008 the following Regulations of the European Parliament and of the Council were  
67 adopted:

68 Regulation (EC) No 1332/2008 on food enzymes<sup>4</sup>,

69 Regulation (EC) No 1333/2008 on food additives<sup>5</sup>,

70 Regulation (EC) No 1334/2008 on flavourings and certain food ingredients with flavouring properties<sup>6</sup>  
71 and

72 Regulation (EC) No 1331/2008 on a common authorisation procedure for food additives, food  
73 enzymes and food flavourings<sup>7</sup>.

74 The Regulations entered into force on 20 January 2009.

75 Regulation (EC) No 1334/2008 on flavourings and certain food ingredients with flavouring properties  
76 applies to flavourings which are used or intended to be used in or on foods, food ingredients with  
77 flavourings properties, food containing flavourings and/or food ingredients with flavouring properties  
78 and source materials and/or source materials for food ingredients with flavouring properties.

79 The Regulation requires an evaluation by the European Food Safety Authority (EFSA) and an  
80 approval by the Commission for the following types of flavourings: 1) flavouring substances, 2)  
81 flavouring preparations obtained from material other than food, 3) thermal process flavourings where  
82 ingredients for the production of thermal process flavourings are from source material other than food  
83 or the production conditions set in Annex V of the Regulation are not met, 4) flavour precursors  
84 obtained from source material other than food, 5) other flavourings and 6) source materials other than  
85 food.

86 In order to ensure consistency amongst the new Regulations on food additives, food enzymes and food  
87 flavourings, the procedural aspects of approval of substances (such as handling of applications within  
88 well defined deadlines, evaluation of substances by EFSA and decision making by the Commission,) are  
89 provided in Regulation (EC) No 1331/2008 on the common authorisation procedure on food  
90 additives, food enzymes and food flavourings. This Regulation also provides that an implementing  
91 measure (Article 9) shall be adopted by the Commission, within 24 months from the adoption of the  
92 Regulation on flavourings, which shall concern in particular the content, drafting and presentation of  
93 the application for the evaluation and authorisation of flavourings. With a view to the adoption of this  
94 implementing measure the Commission consulted EFSA, which, within six months of the date of entry  
95 into force of the Regulation on flavourings, i.e. by 20 July 2009, shall present a proposal concerning  
96 the data required for risk assessment of flavourings.

97 **TERMS OF REFERENCE AS PROVIDED BY THE COMMISSION**

98 The European Food Safety Authority (EFSA) is asked to provide the Commission with a proposal  
99 concerning the data required for the risk assessment of flavourings with a view to including it in the  
100 implementing measure which will lay down amongst other aspects, the content, drafting and  
101 presentation of the application for the evaluation and authorisation of flavourings.

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<sup>4</sup> OJ L 354, 31.12.2008, p.7

<sup>5</sup> OJ L 354, 31.12.2008, p.16

<sup>6</sup> OJ L 354, 31.12.2008, p.34

<sup>7</sup> OJ L 354, 31.12.2008, p.1

102 **INTRODUCTION**

103 According to the Regulation (EC) No 1334/2008 (European Commission, 2008) which entered into  
104 force on 20 January 2009, hereafter referred to as “the Regulation,” The European Food Safety  
105 Authority (EFSA) is asked to provide the Commission with a proposal concerning the data required  
106 for the risk assessment of flavourings with a view to including it in the implementing measure which  
107 will lay down amongst other aspects, the content, drafting and presentation of the application for the  
108 evaluation and authorisation of flavourings.

109 The Regulation shall apply to:

- 110 (a) flavourings which are used or intended to be used in or on foods, without prejudice to more  
111 specific provisions laid down in Regulation (EC) No 2065/2003;
- 112 (b) food ingredients with flavouring properties;
- 113 (c) food containing flavourings and/or food ingredients with flavouring properties;
- 114 (d) source materials for flavourings and/or source materials for food ingredients with flavouring  
115 properties.

116 **PART A: FLAVOURING SUBSTANCES**

117 **I. GENERAL PRINCIPLES OF THE SAFETY ASSESSMENT OF FLAVOURING**  
118 **SUBSTANCES INTENDED TO BE USED IN OR ON FOODS**

119 **1. Background**

120 Regulation (EC) No 2232/96 of the European Parliament and the Council (European Commission,  
121 1996) laid down a Procedure for the establishment of a list of flavouring substances, the use of which  
122 will be authorised to the exclusion of all others in the EU. In application of that Regulation, a Register  
123 of flavouring substances used in or on foods in the Member States was adopted by Commission  
124 Decision 1999/217/EC (European Commission, 1999), as last amended by Commission Decision  
125 2009/163/EC (European Commission, 2009). Each flavouring substance was attributed a FLAVIS-  
126 number (FL-number) and all substances were divided into 34 chemical groups. Substances within a  
127 group should have some metabolic and biological behaviour in common. These chemical groups are  
128 covered in Flavouring Group Evaluations (FGEs).

129 The substances listed in the Register have been evaluated according to the evaluation programme laid  
130 down in Commission Regulation (EC) No 1565/2000 (European Commission, 2000), which is broadly  
131 based on the Opinion of the Scientific Committee on Food (SCF, 1999). After the completion of the  
132 evaluation programme, but at the latest by 31 December 2010, the Community list of flavouring  
133 substances for use in or on foods in the EU shall be adopted (Article 5 (1) of Regulation (EC) No  
134 2232/96) (European Commission, 1996, 2008).

135 In the mandate for the current Opinion, the Commission suggests that EFSA takes into account the  
136 experience from this programme.

137

138 **2. General approach**

139 Flavouring substances in the Community Register have been evaluated in accordance with  
 140 Commission Regulation (EC) No 1565/2000. This Regulation lays down a general approach for the  
 141 evaluation.

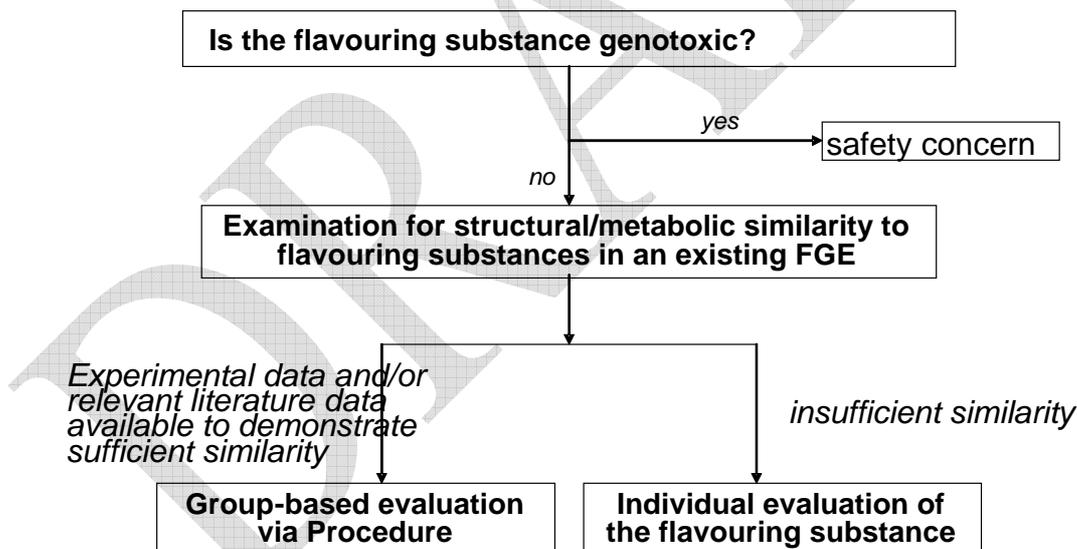
142 The Panel considered that the elaboration of a proposal concerning the data required for the risk  
 143 assessment of newly submitted flavouring substances should build upon the experience gained in the  
 144 course of the evaluation of flavouring substances included in the Community list.

145 A general principle of this Opinion is that newly submitted flavouring substances that can be assigned  
 146 to one of the existing Flavouring Group Evaluations (FGEs) on the basis of structural and metabolic  
 147 similarities should be evaluated according to the scientific principles and to the group-based approach  
 148 underlying the former evaluation programme.

149 In addition, the proposal provides a Procedure for the evaluation of flavouring substances which  
 150 cannot be assigned to one of the existing FGEs. This should allow an individual evaluation of the  
 151 newly submitted flavouring substance.

152 The overall strategy for the risk assessment of flavouring substances is outlined in Figure 1.

153



154

155 **Figure 1: Overall strategy for the risk assessment of flavouring substances.**

156 The Procedure applied for the group-based evaluation is shown and explained in chapter V (see also  
 157 Figure 2), the individual evaluation of a flavouring substance is outlined in chapter VI (see also Figure  
 158 3).

159

160

161

162 **II. INFORMATION TO BE SUPPLIED WITH AN APPLICATION FOR THE**  
163 **AUTHORISATION OF FLAVOURING SUBSTANCES**

164 **1. Description of the production process**

165 The process employed to produce the flavouring substance (e.g. chemical synthesis, enzyme-catalysis,  
166 fermentation or isolation from a natural source) should be described. The information should  
167 specifically focus on the potential of the applied process to result in by-products, impurities or  
168 contaminants.

169 **2. Specification**

170

171 The following information have to be provided for the flavouring substance:

172 - Chemical name (IUPAC name, synonyms)

173 - CAS-, E-, EINECS-, CoE- and FEMA numbers (if assigned)

174 - Chemical and structural formula, molecular weight

175 - Physical form/odour

176 - Solubility data

177 - Identity test (infra red-, nuclear magnetic resonance- and/or mass spectrum)

178 - Purity/Minimum assay value

179 - Impurities

180 - Physical parameters related to purity: boiling point (for liquids), melting point (for solids), refractive  
181 index (for liquids), specific gravity (for liquids)

182 - Information on the configuration of the flavouring substance: It is recognised that geometrical and  
183 optical isomers of substances may have different properties. Their organoleptic properties may be  
184 different and they may have different chemical properties resulting in differences in their absorption,  
185 distribution, metabolism, elimination and toxicity. Thus, information must be provided on the  
186 configuration of the flavouring substance, i.e. whether it is one of the geometrical/optical isomers, or a  
187 defined mixture of stereoisomers. The available specifications of purity will be considered in order to  
188 determine whether the safety evaluation carried out for candidate substances for which stereoisomers  
189 may exist can be applied to the material of commerce. Flavouring substances with different  
190 configurations should have individual chemical names and codes (CAS number, FLAVIS number,  
191 etc.)

192 - Stability and decomposition products, if relevant

193 - Interaction with food components, if relevant

194 - Any other relevant information.

195 **3. Data on use levels and occurrence levels**

196 **3.1 Levels in food (as added flavouring substances and from other sources)**

197 In order to assess total dietary exposure to the flavouring substance from all sources, for each of the  
198 categories reported in Table 1, the applicant needs to provide:

199 - Normal and maximum use levels as added flavouring substance (first two columns of Table 1).  
200 For each specific food/beverage category, “normal use level”, expressed in mg/kg of product, is  
201 intended as the median of anticipated concentration values of added flavouring substance for  
202 products belonging to the category. On the other hand, “maximum use level”, expressed in mg/kg  
203 of product, is intended as the concentration of added flavouring substance that, according to the  
204 applicant, will not be exceeded in any product belonging to the category.

205 - Normal and maximum occurrence levels of the substance from other sources: as natural  
206 constituent, as substance developed during the processing of foods (such as Maillard products or  
207 products resulting from hydrolysis or oxidation reactions) or as carry over originating from their  
208 use in animal feed (medium two columns of Table 1).

209 In order to estimate normal values in each category, only foods and beverages in which the  
210 substance is present in significant amounts will be considered (i.e. for the category “Fresh fruit”  
211 04.1.1., the normal concentration is the median concentration observed in all kinds of fruit where  
212 the flavouring substance is known to occur).

213  
214 - Normal and maximum combined occurrence levels of the substance, taking into account all  
215 sources; as added flavourings and from other sources (last two columns of Table 1).  
216

217 Most categories reported in Table 1 correspond to the sub-categories of the Codex GSFA (General  
218 Standard for Food Additives available at [http://www.codexalimentarius.net/gsfonline/CXS\\_192e.pdf](http://www.codexalimentarius.net/gsfonline/CXS_192e.pdf))  
219 that were used by the JECFA in the “Single Portion Exposure Technique” (SPET) technique  
220 (FAO/WHO, 2008). No use levels are requested for the category infant formulae and follow-on  
221 formulae since, based on the Commission Directive 2006/141/EC of 22 December 2006, flavouring  
222 substances are not expected to be added to these products. For the category 13.2 (complementary  
223 foods for infants and young children), further refined categories have been added so that a specific  
224 assessment of dietary exposure can be performed for infants and small children. If these data should  
225 not be provided by the applicant it will be assumed that the flavouring substance is not intended to be  
226 used in products specifically designed for infants and/or small children and that the safety evaluation  
227 of the substance is referred only to its use in regular food.

228 In case of foods marketed as powder or as concentrates, occurrence levels must be reported for the  
229 reconstituted product, considering the instructions reported on the product label or one of the standard  
230 dilution factors established by the JECFA (FAO/WHO 2008).

231 Occurrence levels as added flavouring substance (first two columns of Table 1) must be provided at  
232 the same level of detail as in the International Organization of the Flavour Industry (IOFI) provision of  
233 use levels to the Commission for all substances present in the Register and belonging to class III (IOFI  
234 - DG SANCO, 2008). However, refined use levels cannot be obtained through an Industry survey  
235 performed in the EU since newly submitted flavouring substances are not yet in use in this area.  
236 Therefore, refined use levels will need to be provided from Industry surveys performed in other areas  
237 of the world. For newly submitted flavouring substances that would not have been used in other areas  
238 of the world and for which no similar substance could be identified, “anticipated” use levels will be

239 provided. The conclusion of the safety evaluation may then be revised in the future to take into  
240 account updated uses and use levels. The safety evaluation of the substance will be considered  
241 provisional until post marketing confirmation of the levels of use.

242 Occurrence levels from other sources (as natural constituent and/or as substance developed during the  
243 normal processing of foods) will be retrieved by the applicant from all available databases. In  
244 particular, all quantitative data present in databases listed in Appendix 2 need to be considered.

245 A flavouring substance can be concomitantly present in a product as an added flavouring and from  
246 other sources (thus a substance may be present in a fruit-based beverage both as added flavouring  
247 substance and as a natural constituent of the fruit ingredient). The last two columns of Table 1  
248 (“Combined occurrence level from all sources”) can be filled by the applicant by adding up the  
249 columns “Occurrence level as added flavouring substance” and “Occurrence level from other sources”.  
250 Alternatively, these columns can be filled based on an expert judgment of the likelihood of the  
251 concomitant presence of the substance from the two sources. This will be done both for normal use  
252 levels and for maximum use levels.

### 253 **3.2 Non-food sources of exposure**

254 The applicant needs to indicate the non-food uses of the flavouring substance. Available information  
255 on annual volumes of production in the EU for non-food uses (e.g. in cosmetics and detergents), the  
256 content of the substance in these products and its absorption rates via skin and/or inhalation should be  
257 provided by the applicant to identify non-food sources of exposure.

258 The Panel is aware that for many flavouring substances, quantitative data on their occurrence in non-  
259 food sources may be limited. Any available information on potential non-food sources, i.e. the  
260 exposure via dermal or inhalational routes should be provided.

## 261 **4. Assessment of dietary exposure**

262 In the evaluation of flavouring substances to be included in the Community list, the dietary exposure  
263 considered by EFSA within the Procedure to assess their safety has been a *per capita* estimate, the  
264 “Maximised Survey-Derived Daily Intake” (MSDI), based on the annual volume of production  
265 reported by the applicant. In addition, the “modified Theoretical Added Maximum Daily Intake”  
266 (mTAMDI) was calculated, based on the normal added use levels of the substances as reported by the  
267 applicant in the 18 food categories of Annex III of Commission Regulation EC (No) 1565/2000. The  
268 mTAMDI value was not considered in the Procedure but was only used as a tool to screen and  
269 prioritise the flavouring substances according to the need for refined intake data (EFSA, 2004). Both  
270 the MSDI and the mTAMDI approach take into consideration the dietary exposure of a 60 kg adult.

271 For flavouring substances that are also naturally present in foods or beverages, qualitative and  
272 quantitative information related to natural occurrence was reported by the applicant but was not  
273 considered for the assessment of dietary exposure.

274 The limitations of the MSDI approach have been frequently reiterated by the Scientific Committee for  
275 Food, the former Panel on food additives, flavourings, processing aids and materials in contact with  
276 food (AFC) of the EFSA, and the FAO/WHO Joint Expert Committee on Food Additives (JECFA). In  
277 particular, the use of the MSDI value calculated on the basis of anticipated volumes of production (for  
278 flavouring substances that were not yet on the market at the time of the safety evaluation) was  
279 questioned by the JECFA (FAO/WHO, 2008).

280 A complementary method was recently developed by the JECFA (FAO/WHO, 2008) to assess dietary  
281 exposure to flavouring substances: the SPET (Single Portion Exposure Technique). The SPET is  
282 calculated by combining, in each food category, added use levels for a flavouring substance with  
283 standard portion sizes of flavourable foods. For flavouring substances with usages in multiple food  
284 categories (most cases), only the food category resulting in the highest potential dietary exposure is  
285 considered. This dietary exposure is taken to represent that of a 60 kg adult, regular consumer of a  
286 flavoured food, who is loyal to a specific product containing the specific flavouring of interest.

287 The CEF Panel considered that a new approach to dietary exposure assessment should be developed  
288 for newly submitted flavourings in order to cover the limitations of the methods that have been used  
289 until now. The following issues should be taken into account:

#### 290 **4.1 Chronic dietary exposure to flavouring substances from the consumption of flavoured** 291 **foods and beverages in adults and children**

292 Dietary exposure should be assessed in adults and children consuming foods and beverages containing  
293 the substance of interest. The highest of these values among adults and children, expressed per kg  
294 body weight (bw), should be used as the basis for the safety evaluation of the substance.

295 Poundage data are not considered to be useful for the quantitative assessment of dietary exposure to  
296 newly submitted flavourings. Surveyed poundage data of newly submitted flavourings used in foods  
297 and beverages could be provided only for non-EU regions (e.g. in the case of flavouring substances  
298 currently used in the United States) and these data may not be relevant for the EU situation. On the  
299 other hand, “anticipated annual production volumes” in the EU cannot be used since they bear a very  
300 high uncertainty.

301 The new method used to estimate the dietary exposure for adults and children is an adaptation of the  
302 TAMDI method called “Added Portions Exposure Technique” (APET). It is based on the standard  
303 portions developed by the JECFA when developing the SPET method and on the assumption that the  
304 consumer will daily consume a fixed amount of flavoured solid foods and liquids and that these items  
305 will always contain the flavouring substance under evaluation. Dietary exposure is then assessed based  
306 on the normal combined occurrence levels provided by the applicant in each of the food sub-categories  
307 reported in Table 1, with the exclusion of categories 13.1 and 13.2 (formulae for infants and  
308 complementary foods for infants and young children).

309 Sub-categories are classified in two groups: “Beverages”, including all sub-categories of the category  
310 14.0 (“Beverages, excluding dairy products”) and “Solid foods”, including all others sub-categories.  
311 For both, “Beverages” and “Solid foods”, only the food category resulting in the highest potential  
312 dietary exposure is considered. This latest procedure is the same as that used by the SPET method. For  
313 both “Beverages” and “Solid foods” the dietary exposure is taken to represent that of a regular  
314 consumer of one flavoured product among the group, who is loyal to a brand containing the specific  
315 flavour of interest at the normal combined occurrence level.

316 The APET is calculated by summing the highest potential dietary exposure within each of the two  
317 groups (“Beverages” and “Solid foods”). Such an estimate, based on daily consumption of one single  
318 standard portion of beverage and one single standard portion of solid food is likely to provide a  
319 conservative assessment of long-term average dietary exposure for consumers of flavoured products.  
320 The APET is expressed in mg/kg bw per day. For an adult a body weight of 60 kg is considered and  
321 the portions are those established by the JECFA (FAO/WHO, 2008) when developing the SPET  
322 technique.

323 A child of 3 years of age will be considered in order to provide a conservative scenario for all children  
 324 aged more than 3, since the consumption of foods and beverages per kg bw decreases with age. In the  
 325 3-year old child, a 15 kg bw is considered. Moreover, all sub-categories included in the sub-category  
 326 14.2 (“Alcoholic beverages, including alcohol-free and low-alcoholic counterparts”) and the sub-  
 327 category 13.4 (“Dietetic formulae for slimming purposes and weight reduction”) are excluded *a priori*  
 328 since it can be assumed that these products are not consumed by children. *Ad hoc* standard portions are  
 329 used for each of the other sub-categories. These are derived from the adult standard portions. A  
 330 correction factor was calculated to take into account their lower consumption of foods and beverages,  
 331 based on their lower energy requirement. On average, a 3-year old child weighing 15 kg requires 6 MJ  
 332 of energy whereas on average a sedentary adult requires 9.5 MJ (mean of 10.7 MJ in males and 8.3 MJ  
 333 in females aged 30-59 years) (Commission for the European Communities, 1993). Standard portion  
 334 sizes for children are therefore obtained by multiplying the adult standard portion sizes by a factor of  
 335 0.63. The value of 15 kg bw is then used to assess exposure in mg/kg bw in a 3 year old child.

336 The APET in the adult could be higher than the APET in the child only in few cases: if the highest  
 337 dietary exposure from one portion of beverages is found in the sub-categories 14.2 or if the highest  
 338 dietary exposure from one portion of solid food is found in the sub-category 13.4.

339 **4.2 Dietary exposure to flavouring substances that may be used in foods specifically designed**  
 340 **for infants and young children**

341 The age class to which “infants” (0-12 months) and “young children” (12-36 months) refer are defined  
 342 in the Commission Directive 2006/125/EC on processed cereal-based foods and baby foods for infants  
 343 and young children (European Commission, 2006). Flavouring substances may be used in products  
 344 specifically designed for these consumer subgroups. The potential dietary exposure to flavourings per  
 345 kg bw is likely to be higher than that of adults in these two age classes. Dietary exposure will be  
 346 assessed taking into consideration only the consumption of foods specifically designed for these two  
 347 subgroups.

348 The diets of infants and young children tend to be less varied than those of older children and adults;  
 349 an *ad hoc* method is therefore needed for estimating the exposure in this age group.

350 A specific exposure assessment will be performed based on the model diet of a 12-month infant fed  
 351 milk and a variety of processed baby foods flavoured with the substance of interest.

352 Due to the high brand loyalty in infants and young children the maximum combined occurrence levels  
 353 will be considered in this exposure assessment.

354 Details on how dietary exposure will be assessed in the 12-month infant are reported in Appendix 1.

355 **4.3 Acute dietary exposure**

356 Data on acute toxicity and acute dietary exposure will not be needed on a regular basis. However, in  
 357 certain cases, acute dietary exposure may need to be assessed. Then, the assessment must be based on  
 358 maximum concentration of flavouring substances in foods and beverages and on an estimate of the  
 359 largest quantities (high percentiles) of foods or beverages that can be consumed by a subject within  
 360 one day.

361 The General Standard for Food Additives (GSFA) category leading to the highest potential dietary  
 362 exposure in one day will be identified and this value will be used as an estimate of acute dietary  
 363 exposure. To this aim the maximum occurrence levels from all sources as reported in Table 1 will be  
 364 used.

365 “Large portions” representing the 97.5<sup>th</sup> percentile of consumption on a single day have been  
366 established for Global Environment Monitoring System (GEMS) diet to assess acute dietary exposure  
367 to pesticides in adults and children (WHO, 2008) but are referred to agricultural commodities and not  
368 directly applicable. Large portions per kg bw were developed in the EFSA Opinion on camphor  
369 (EFSA, 2008b) for a limited number of foods and beverages, based on the large single day amounts of  
370 commodities (observed 97.5<sup>th</sup> percentile in one day among eaters only) in the INCA French individual  
371 consumption survey (Volatier *et al.*, 2006). The observed levels of consumption correspond, in a 60 kg  
372 bw adult to the consumption within one day of 840 g of soft drink, 96 g of candies, 144 g of cheese or  
373 72 g of sauces. These values are about three times as high as the standard portions used in the APET  
374 for the corresponding categories (respectively 300 g, 30 g, 40 g and 30 g). Based on this observation,  
375 the acute dietary exposure will be assessed considering as large portions the consumption of three  
376 standard portions in one day of any of the food or beverage listed in Table 1.

377 The same will be done for 3-year old children with the use of their specific portions for all relevant  
378 foods and beverages categories. The highest value obtained among adults and children will be used in  
379 the safety evaluation as an estimate of potential acute dietary exposure.

380 These estimates of large portions may be refined by EFSA in the future on the basis of the databases  
381 of food consumption in EU countries that will be made available to the Data Collection and Exposure  
382 (DATEX) unit of EFSA.

383 No specific assessment of acute dietary exposure is required for infants and young children since the  
384 model diet used to assess chronic dietary exposure in this age class already takes into account  
385 maximum occurrence levels and a high level of consumption of flavoured foods specifically designed  
386 for them. In fact, due to the low day to day variability in consumption patterns in infants and young  
387 children, the model used to assess chronic dietary exposure is also adequate to assess acute dietary  
388 exposure.

389 The acute dietary exposure is calculated as follows:

390 Acute dietary exposure in adults and children (mg/kg bw) =

391 3 X highest value among (Standard portion for food category i (g) X upper use level in category i  
392 (mg/kg of product))/standard body weight.

#### 393 **4.4 Cumulative dietary exposure**

394 Cumulative dietary exposure to flavouring substances structurally related to the substance under study  
395 is assessed within the Procedure for their safety assessment in order to ensure that the concomitant  
396 dietary exposure to all flavouring substances belonging to the same group does not exceed the capacity  
397 of the organism to metabolise them. To this aim an assessment of cumulative dietary exposure within  
398 one day is needed. Until now it was assessed by adding up MSDIs (the so called “combined intake”).  
399 A technique based on occurrence levels in foods is needed for newly submitted flavourings. In order to  
400 assess potential cumulative dietary exposure within one day the applicant shall provide occurrence  
401 levels not only for the newly submitted substance but also for structurally related substances which  
402 have already been evaluated in an FGE.

403 Potential cumulative dietary exposure within one day to flavouring substances structurally related to  
404 the newly submitted substance will be assessed.

405 The applicant shall identify all flavouring substances structurally related to the newly submitted  
406 substance and shall retrieve the most recent EU poundage data for these substances. Substances will be

407 ordered according to their poundage data. Those substances with the highest poundage data and  
408 responsible altogether for 30 % of the total poundage of the chemical group will be identified (“high  
409 poundage substances”). The applicant shall retrieve maximum occurrence levels for these substances  
410 used as added flavouring substances and use them to calculate the APET in adults and children, as  
411 described above, and to assess potential dietary exposure in infants (as described in Appendix 1).

412 The APET of the “high poundage substances” and of the newly submitted substance will be added up  
413 and used as an estimate of potential cumulative dietary exposure within one day, expressed in mg/kg  
414 bw per day, in adults and children, respectively.

415 For infants and young children, the potential cumulative dietary exposure within one day will be  
416 calculated by adding up the dietary exposure to the “high poundage substances” (assessed with the  
417 techniques described in Appendix 1) to that of the newly submitted substance and expressed in mg/kg  
418 bw per day.

419 The EFSA Scientific Committee on Exposure Assessments gave an Opinion (EFSA, 2005) that all  
420 sources of exposure should be taken into account, including non-food sources of exposure.

421 Any information on potential non-food sources, i.e. the exposure via dermal or inhalational routes  
422 should therefore be considered on the basis of data described in Section 3.2. The Panel is aware that at  
423 present for most flavouring substances quantitative data on their occurrence in non-food sources are  
424 rather limited. Nevertheless, the applicant should provide all available information on the exposure to  
425 the flavouring substance from consumer products allowing the estimation of the overall exposure and  
426 an evaluation of potential health risks arising from the addition of the flavouring substance to food.

### 427 **III. ASSESSMENT OF THE GENOTOXIC POTENTIAL OF THE FLAVOURING** 428 **SUBSTANCE**

429 For any newly submitted flavouring substance its genotoxic potential has to be assessed in the first  
430 step. This assessment should start with *in vitro* tests, covering all three genetic endpoints, i.e. gene  
431 mutations, structural and numerical chromosomal aberrations. The following three *in vitro* tests would  
432 normally be required:

- 433 - a test for induction of gene mutations in bacteria (Ames test; OECD guideline 471)
- 434 - a test for induction of gene mutations in mammalian cells (preferably the mouse lymphoma *tk*  
435 assay with colony sizing; OECD guideline 476)
- 436 - an *in vitro* chromosomal aberration test (OECD guideline 473) or an *in vitro* micronucleus assay  
437 (Draft OECD guideline 487).

438 There may be circumstances under which it may be justified to deviate from the above-mentioned core  
439 set. In such cases a scientific justification should be provided and additional types of considerations or  
440 mechanistic studies may be needed.

441  
442 One or more positive *in vitro* tests normally require follow-up by *in vivo* testing, unless it can be  
443 adequately demonstrated that the positive *in vitro* findings are not relevant for the *in vivo* situation.  
444 This is in line with the general strategy elaborated in the updated WHO/IPCS Harmonised Scheme on  
445 mutagenicity testing (Eastmond *et al.*, 2009).

446 The choice of the appropriate *in vivo* test is critical, due to different sensitivities, different endpoints  
447 and other variables. It requires expert judgement based on all available information, to be applied  
448 case-by-case. For this reason, a flexible approach is preferable to a fixed decision tree.

449 Guidance for the follow-up of positive results from *in vitro* assays could be taken from a guidance  
450 document issued recently by the European Chemicals Agency (ECHA, 2008) which recommends that  
451 any of the following tests may be conducted:

452 - a rodent bone marrow or mouse peripheral blood micronucleus test (OECD 474) or a  
453 rodent bone marrow clastogenicity study (OECD 475)

454 - a Comet (single cell gel electrophoresis) assay

455 - a test for gene mutations in a transgenic rodent model, *e.g.* using *lacI*, *lacZ* or *cII* as reporter gene

456 - a rat liver Unscheduled DNA synthesis (UDS) test.

457 According to this ECHA guidance (ECHA 2008), “the nature of the original *in vitro* response(s) (i.e.  
458 gene mutation, structural or numerical chromosome aberration) should be considered when selecting  
459 the *in vivo* study. For example, if the test substance showed evidence of *in vitro* clastogenicity, then it  
460 would be most appropriate to follow this up with either a micronucleus test or chromosomal aberration  
461 test or a Comet assay. However, if a positive result were obtained in the *in vitro* micronucleus test, the  
462 rodent micronucleus test would be appropriate to best address clastogenic and aneugenic potential.  
463 The rat liver UDS test may be appropriate for substances that appear preferentially to induce gene  
464 mutations, although the Comet and transgenic tests are also suitable (Kirkland D and Speit, 2008).  
465 These latter test systems offer greater flexibility, most notably the possibility of selecting a range of  
466 tissues for study on the basis of what is known of the toxicokinetics and toxicodynamics of the  
467 substance. It should be realised that the UDS and Comet tests are indicator assays detecting putative  
468 DNA lesions. In contrast, the transgenic test measures permanent mutations.”

469 A combination of the *in vivo* micronucleus assay and the Comet assay in a single study as suggested  
470 by Pfuhrer et al. (2007) would also be acceptable.

471 Other studies (*e.g.* DNA adduct studies) could also be relevant in order to clarify the mechanism of  
472 genotoxicity.

473 It should also be taken into account that the sensitivity (ability to detect carcinogens as positive) and  
474 specificity (ability to give negative results with non-carcinogens) of such assays have recently been  
475 analysed by Kirkland and Speit (2008).

476 Studies should be conducted using internationally agreed protocols. Test methods described by OECD  
477 or in European Commission Directives are recommended. The most up-to-date edition of any test  
478 guideline should be followed. Studies should be carried out according to the principles of Good  
479 Laboratory Practice (GLP) described in Council Directives 87/18/EEC and 88/320/EEC and  
480 accompanied by a statement of GLP compliance. Use of any methods differing from internationally  
481 agreed protocols should be justified. An OECD guideline is not yet available for the Comet assay.  
482 However, recommendations for an appropriate performance of the assay using OECD guidelines for  
483 other *in vivo* tests have been published and a standard protocol and acceptance criteria for this assay  
484 have been developed through the International Workshop on Genotoxicity Working Parties and  
485 international Comet assay workshops (Tice *et al.*, 2000; Hartman *et al.*, 2003; Burlinson *et al.*, 2007).  
486 Additional information could be taken from a website on the Comet assay (<http://cometassay.com>).

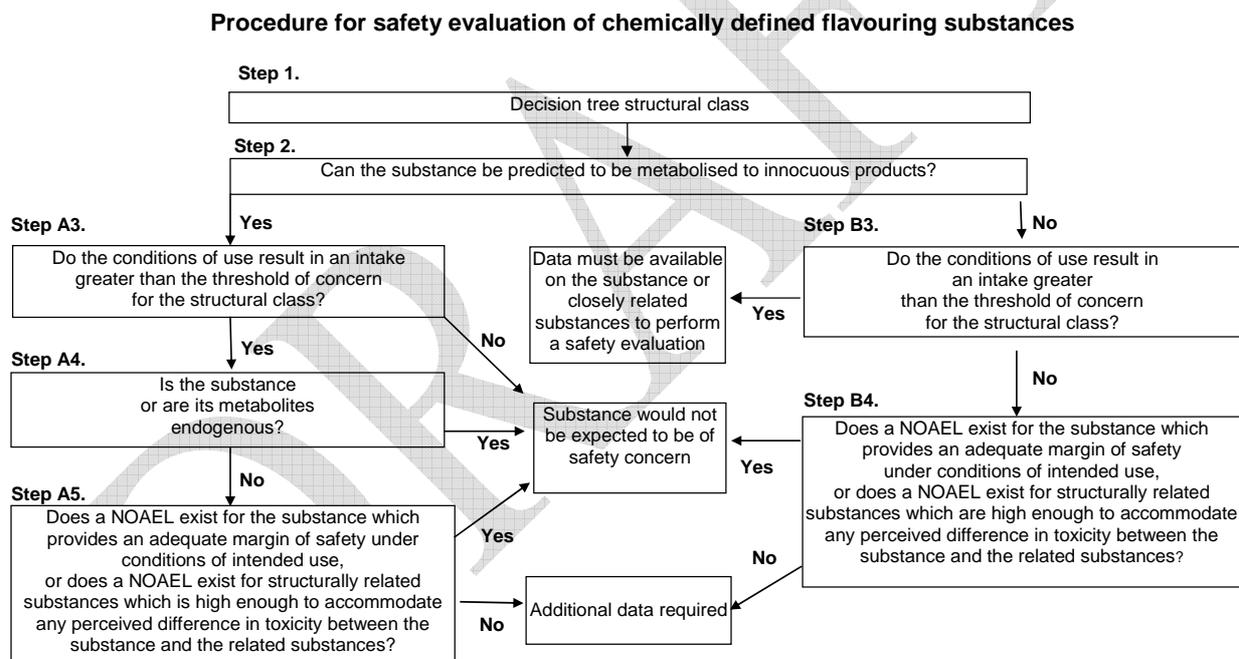
487 **IV. EXAMINATION FOR STRUCTURAL/METABOLIC SIMILARITY TO**  
 488 **FLAVOURING SUBSTANCES IN AN EXISTING FGE**

489 The applicant should provide a proposal for the assignment of the newly submitted flavouring  
 490 substance to an existing Flavouring Group Evaluation (FGE). This proposal has to be substantiated by  
 491 appropriate experimental data or relevant evidence from the literature in order to demonstrate the  
 492 structural/metabolic similarity to the substances in this FGE. The Panel will decide on these proposals  
 493 on a case-by-case basis.

494 **V. GROUP-BASED EVALUATION VIA THE PROCEDURE**

495 If sufficient structural/metabolic similarity of the flavouring substance to flavouring substances in an  
 496 existing FGE has been demonstrated, a group-based evaluation using the Procedure can be performed.  
 497 The Procedure, referred to as the approach for a safety evaluation of chemically defined flavouring  
 498 substances in Commission Regulation (EC) No 1565/2000 (EC, 2000), is shown in Figure 2 and  
 499 explained in the following text.

500



501  
502

503 **Figure 2: Procedure for the safety evaluation of chemically defined flavouring substances.**

504

505 It is based on the Opinion of the Scientific Committee on Food expressed on 2 December 1999 (SCF,  
 506 1999), which is derived from the evaluation procedure developed by the Joint FAO/WHO Expert  
 507 Committee on Food Additives at its 44<sup>th</sup>, 46<sup>th</sup> and 49<sup>th</sup> meetings (JECFA, 1995; JECFA, 1996; JECFA,  
 508 1997; JECFA, 1999).

509 The Procedure is a stepwise approach that integrates information on intake from current uses,  
 510 structure-activity relationships, metabolism and, when needed, toxicity. One of the key elements in the

511 Procedure is the subdivision of flavourings into three structural classes (I, II, III) for which thresholds  
512 of concern (human exposure thresholds) that are not considered to present a safety concern have been  
513 specified. Class I contains flavouring substances that have simple chemical structures and efficient  
514 modes of metabolism, which would suggest a low order of oral toxicity. Class II contains flavouring  
515 substances that have structural features that are less innocuous, but are not suggestive of toxicity.  
516 Class III comprises flavouring substances that have structural features that permit no strong initial  
517 presumption of safety, or may even suggest significant toxicity (Cramer et al., 1978). The thresholds  
518 of concern for these structural classes of 1800, 540 or 90 microgram/person/day, respectively, are  
519 derived from a large database containing data on subchronic and chronic animal studies (JECFA,  
520 1996).

521 In addition to the data provided for the flavouring substance to be evaluated (candidate substance),  
522 toxicological background information available for compounds structurally related to the candidate  
523 substance is considered (supporting substances).

524 The Panel is of the Opinion that the principles of the above described Procedure should be applied to  
525 the evaluation of newly submitted flavouring substances if the substance can be assigned to one of the  
526 existing FGEs on the basis of structural and metabolic similarities.

527 Based on the experience gained from the evaluation of flavouring substances to be included into the  
528 Community list, particular attention should be paid to the following issues when applying the  
529 Procedure:

### 530 ***Step 2 of the Procedure***

531 At Step 2 of the Procedure the question “Can the substance be predicted to be metabolised to  
532 innocuous products?” has to be answered.

533 “Innocuous products” are defined as metabolites that are known or readily predicted to be harmless to  
534 humans at the estimated intakes of the flavouring substance. The application of this definition requires  
535 that quantitative aspects related to the anticipated chronic exposure should be taken into account at this  
536 step of the Procedure (see Section 4.1). The assessment of the metabolites has to be substantiated by  
537 appropriate experimental data or relevant evidence from the literature.

### 538 ***Step A4 of the Procedure***

539 At step A4 of the Procedure the question “Is the substance or are its metabolites endogenous?” has to  
540 be answered.

541 “Endogenous” substances are intermediary metabolites normally present in human tissues and fluids,  
542 whether free or conjugated; hormones and other substances with biochemical or physiological  
543 regulatory functions are not included.

544 The dietary exposure to flavouring substances that are, or are metabolised to, endogenous substances  
545 should be sufficiently low not to be expected to give rise to perturbations outside the physiological  
546 range.

### 547 ***Required toxicological data (Steps A5 and B4)***

548 At step A5 and B4 of the Procedure the question “Does a No Observed Adverse Effect Level  
549 (NOAEL) exist for the substance which provides an adequate margin of safety under conditions of  
550 intended use, or does a NOAEL exist for structurally related substances which are high enough to  
551 accommodate any perceived difference in toxicity between the substance and the related substances?”  
552 has to be answered.

553 Regarding the first part of this question, generally, the minimum toxicological data required to  
 554 establish a NOAEL to be used at these steps of the Procedure should be based on a repeated-dose oral  
 555 (usually dietary) study in rodents of at least 90 days duration on the candidate substance or on an  
 556 appropriate structurally and metabolically related substance in accordance with the most recent OECD  
 557 guidelines.

558 The second part of the question envisages the situation where there is a NOAEL and a dietary  
 559 exposure estimate, and the margin of safety under the conditions of intended use, resulting from these  
 560 two parameters, is inadequate. Under these circumstances the default position would be that there is a  
 561 safety concern.

562 If the outcome at step B3 of the Procedure is “Data must be available on the substance or closely  
 563 related substances to perform a safety evaluation”, more information, e.g. further toxicity data going  
 564 beyond a 90-day study in rodents (see above) is generally required. Such a study may not be necessary  
 565 if adequate biotransformation studies according to OECD guidelines are available. If, on the basis of  
 566 these studies, the substance can be demonstrated to be metabolized to innocuous products, the  
 567 substance could be evaluated via the A-side of the Procedure.

568 If multiple structurally/metabolically related flavouring substances refer to a NOAEL from the same  
 569 chemical at step A5 or B4, these structurally/metabolically related flavouring substances should be  
 570 identified and the applicant shall retrieve for all of them the most recent EU poundage data. The “high  
 571 poundage ones” will be selected (those responsible altogether for 30 % of the cumulative poundage of  
 572 these substances) and the applicant shall retrieve their normal use levels as added flavourings so as to  
 573 calculate their APET. The APET of the high poundage substances will be added up for comparison  
 574 with the NOAEL.

575 ***Intake data (Steps A3/B3 and A5/B4)***

576 When applying the decision tree to the safety evaluation of a chemically defined flavouring substance  
 577 used as a food improvement agent, the assessment of the “intake” as referred to at steps A3/B3 and of  
 578 the “intended use” as referred to at steps A5/B4 should be based on the exposure resulting from the  
 579 proposed addition of the flavouring substance to foods (See Chapter II). The conclusion drawn in this  
 580 first part of the safety evaluation has to clearly reflect the underlying approach by stating, for example:  
 581 *“The proposed use is not expected to be of safety concern at the estimated level of dietary exposure*  
 582 *arising from its addition as a flavouring substance to foods”*.

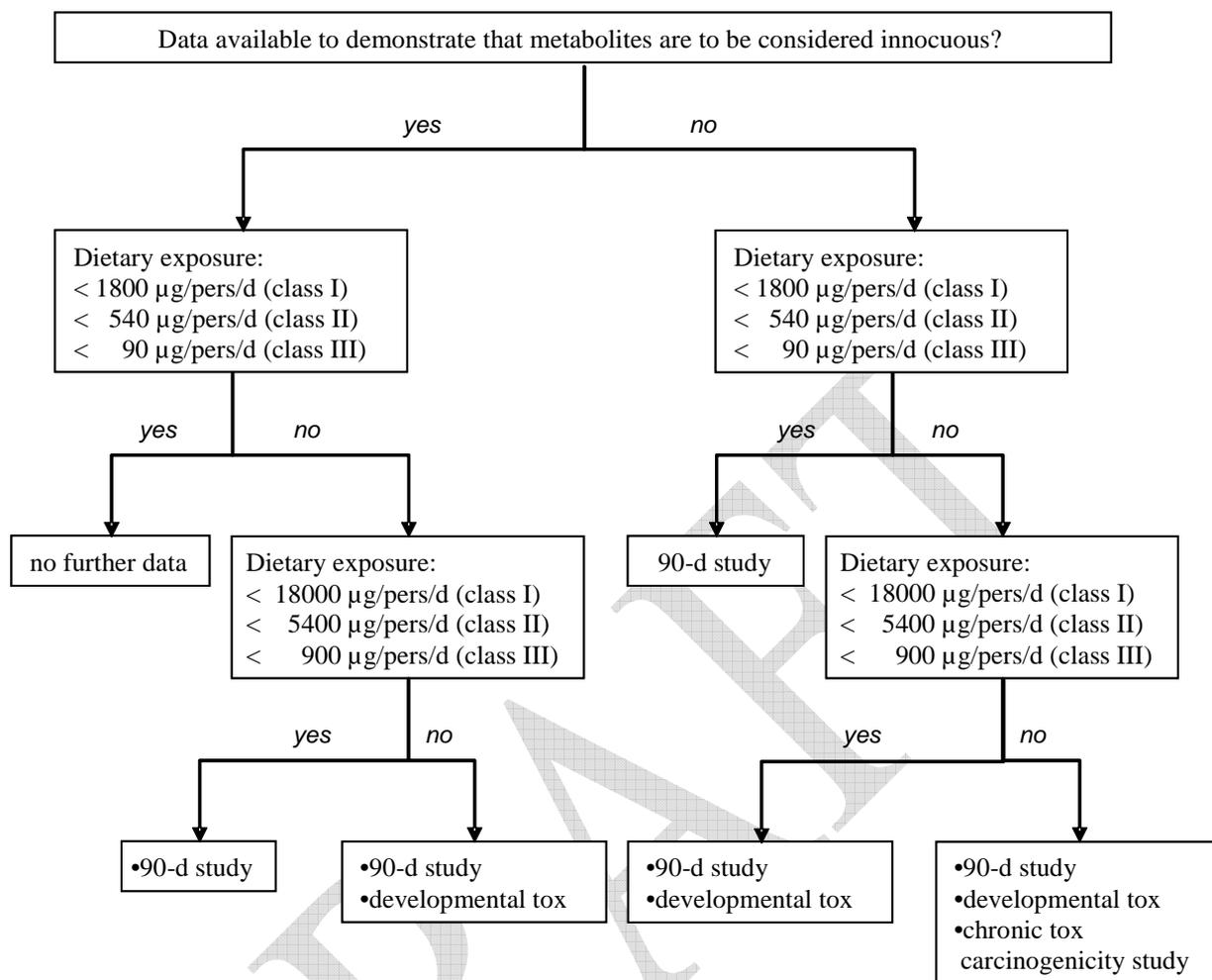
583 **VI. INDIVIDUAL EVALUATION OF THE FLAVOURING SUBSTANCE**

584 If a newly submitted flavouring substance cannot be assigned to one of the existing FGEs on the basis  
 585 of structural and metabolic similarities, an individual evaluation has to be performed, given no safety  
 586 concern with respect to genotoxicity (See Figure 1). A scheme outlining the principles of this  
 587 evaluation is shown in Figure 3.

588 The type of toxicological data required depends on (i) whether there are experimental data available  
 589 for the substance to demonstrate that the metabolites can be considered innocuous and (ii) whether the  
 590 chronic dietary exposure, based on added use levels, is below or above the threshold of concern of the  
 591 structural class to which the flavouring substance belongs.

592 Experimental data on the flavouring substance as such or on closely structurally related substances can  
 593 be used as a basis to provide evidence that the metabolites of the flavouring substance are to be  
 594 considered as innocuous.

595



596

597 **Figure 3: Individual evaluation of the flavouring substance.**

598 The experimental data for the various tests as indicated in Figure 3 should be provided for the parent  
 599 flavouring substance. Such data would implicitly cover the toxicity of the putative metabolites. When  
 600 studies from the past are available, such studies can be taken into consideration, but their acceptability  
 601 will depend upon their quality and the quality of the respective study report. New studies must be  
 602 performed according to current OECD or EU guidelines and must be in compliance with GLP.

603 As can be seen from Figure 3, the requirements for further toxicity data depend on the level of  
 604 exposure in comparison with the respective Cramer class threshold. For exposures below the  
 605 respective class threshold no additional toxicity data (innocuous metabolites) or a 90-day toxicity  
 606 study (metabolites not innocuous) should be available. For exposures up to 10-fold above the class  
 607 threshold a 90-day study or a 90-day study + a developmental toxicity study would suffice, depending  
 608 on whether metabolites are considered innocuous or not.

609 For higher exposures (i.e. more than 10-fold the respective class threshold) a more extensive data  
 610 package will be required. For substances which will be converted to noxious metabolites the data  
 611 requirements include also chronic toxicity and carcinogenicity data. Some background for the factor of  
 612 10 which determines the extent of the data requirements can be found in a paper by Cheeseman et al

613 (1999) in which a 3-tiered approach for thresholds of regulation is presented. The tier thresholds  
614 differ by a factor of 10.

615 Detailed considerations underlying the toxicological requirements outlined in this Chapter as well as  
616 in Chapter V have been elaborated in the Annex to the guidance on submissions for food additive  
617 evaluations by the Scientific Committee on Food (SCF, 2001).

618 Other studies may also be helpful or necessary for certain flavouring substances. Decisions on whether  
619 other studies are needed should be taken on a case-by-case basis. Examples of other areas of  
620 investigation which might be appropriate include, but are not limited to: immunotoxicity, allergenicity,  
621 intolerance reactions, neurotoxicity, human volunteer studies and predictive mechanistic studies.

622 There are also other toxicity studies that are not required for evaluation of the safety of flavouring  
623 substances, but which may have been conducted for other purposes, such as worker safety (e.g. acute  
624 toxicity, irritation and sensitisation studies). If such studies are available, they should be submitted as  
625 they may provide useful background information.

## 626 **VII. CONSIDERATION OF THE NATURAL OCCURRENCE OF A FLAVOURING SUBSTANCE AND** 627 **THE TOTAL EXPOSURE FROM FOOD AND NON-FOOD SOURCES**

628 Total dietary exposure to flavouring substances should be assessed based on the overall concentrations  
629 of flavouring substances in foods and beverages derived from all possible sources (either naturally  
630 present, added as flavouring substance or present as residue from other uses) and the value obtained  
631 should be considered in the safety evaluation. Moreover, other non-food sources of exposure to  
632 flavouring substances will have to be considered.

633 As an important part of the overall safety assessment, the estimated level of exposure arising from the  
634 proposed addition of the flavouring substance to food should therefore be put into the context of any  
635 other sources of exposure. On the basis of the data described in Sections I. 3.1 and I. 3.2, the total  
636 exposure to the substance should be estimated. The Panel is aware that at present for most flavouring  
637 substances quantitative data on their natural occurrence in foods and on their occurrence in non-food  
638 products are rather limited. In its evaluation the Panel will take into account the amount of information  
639 made available and the level of uncertainty in the data. If the estimates of total exposure are high or if  
640 the estimates have a high level of uncertainty, the Panel may request further information on total  
641 exposure or may ask for more toxicological data.

## 642 **PART B: FLAVOURINGS OTHER THAN FLAVOURING SUBSTANCES**

643 In addition to flavouring substances, Article 9 of Regulation (EC) No 1334/2008 of the European  
644 Parliament specifies the following categories of flavourings for which an evaluation is required:

645 Flavouring preparations obtained from material of vegetal, animal or microbiological origin, other  
646 than food, by appropriate physical, enzymatic or microbiological processes, the material being taken  
647 as such or prepared by one or more of the traditional food preparation processes listed in Annex II of  
648 the Regulation;

649 Thermal process flavourings obtained by heating ingredients where ingredients for the production of  
650 thermal process flavourings are from source material other than food or the production conditions  
651 and/or the maximum levels for certain undesirable substances set out in Annex V of the Regulation are  
652 not met;

653 Flavour precursors obtained from source material other than food. Flavour precursor is a product not  
654 necessarily having flavouring properties itself, intentionally added to food for the sole purpose of  
655 producing flavour by breaking down or reacting with other components during food processing;

656 Other flavourings which are added or intended to be added to food in order to impart odour and/or  
657 taste and which do not fall under other definitions of flavourings;

658 Source materials other than food. These are materials of vegetable, animal, microbiological or mineral  
659 origin from which flavourings or food ingredients with flavouring properties may be produced.

660 As a first approach, for flavouring other than flavouring substances the following data should be  
661 provided:

662 Full description of the production process, with emphasis on the parameters that might influence the  
663 composition of the flavouring;

664 Identification and quantification of all substances present in the flavouring;

665 Specifications of the flavouring.

666 A risk assessment has to be performed on the basis of toxicological and exposure data.

667

668 **NOTE:** The Panel expects that this Part B would be fine tuned at the end of the public consultation.

669

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- 787

788 **APPENDICES**

789 **APPENDIX 1**

790 *Dietary exposure in a 12 month young child*

791 The method that needs to be used to estimate the dietary exposure is a model diet which uses standard  
792 portions sizes specific for young children. The USDA document that was used by the JECFA as a  
793 basis for the development of standard portion sizes in the adult also provides standard portions sizes  
794 for infants and toddlers up to 4 years([http://edocket.access.gpo.gov/cfr\\_2001/aprqtr/21cfr101.12.htm](http://edocket.access.gpo.gov/cfr_2001/aprqtr/21cfr101.12.htm)).  
795 The portions expressed as “ready to serve” were considered and an additional category was  
796 considered: growing up infant formula (one baby bottle corresponding to 200 g).

797 Dry instant cereals (with or without milk), including pasta: 110 g

798 Biscuits and cookies: 20 g

799 Fruit purée: 110 g

800 Fruit juice, herbal tea: 120 g

801 Meat based or fish based meal: 170 g

802 Dairy based dessert: 110 g

803 Vegetables, potatoes, broth, soups, pulses: 170 g

804 Milk for young children, ready to serve: 200 g.

805  
806 Dietary exposure will be assessed by adding up the exposure from one standard portion of each of  
807 these foods and beverage categories, at the maximum combined occurrence level, as reported by the  
808 Applicant in Table 1. The value obtained will represent the dietary exposure in a 12 month infant  
809 consuming every day products containing the flavouring substance at its maximum use level. A  
810 standard bw of 10 kg will be used to assess dietary exposure in mg/kg bw per day.

811

812 **APPENDIX 2.**

813 Databases to be used by petitioners to assess normal and upper levels of concentration of flavourings  
814 naturally occurring in the different categories of foods and beverages (the list is not exhaustive):

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826 **Table 1 - Normal and maximum occurrence levels for refined sub categories<sup>8</sup> of foods and beverages**

Group CODEX code	Food categories §	Standard portions for adults* (g)	Occurrence level as added flavouring substance		Occurrence level from other sources: as natural constituent and/or developed during the processing and/or as carry over resulting from their use in animal feed		Combined occurrence level from all sources (as added flavouring or from other sources) #	
			Normal	Maximum	Normal	Maximum	Normal	Maximum
01.1	Milk and dairy-based drinks	200						
01.2	Fermented and renneted milk products (plain), excluding food category 01.1.2 (dairy-based drinks)	200						
01.3	Condensed milk and analogues	70						
01.4	Cream (plain) and the like	15						
01.5	Milk powder and cream powder and powder analogues (plain)	30						
01.6	Cheese and analogues	40						
01.7	Dairy-based desserts (e.g., pudding, fruit or flavoured yogurt)	125						
01.8	Whey and whey products, excluding whey cheeses	200						
02.1	Fats and oils essentially free from water	15						
02.2	Fat emulsions mainly of type water-in-oil	15						

<sup>8</sup>

Group CODEX code	Food categories §	Standard portions for adults* (g)	Occurrence level as added flavouring substance		Occurrence level from other sources: as natural constituent and/or developed during the processing and/or as carry over resulting from their use in animal feed		Combined occurrence level from all sources (as added flavouring or from other sources) #	
			Normal	Maximum	Normal	Maximum	Normal	Maximum
02.3	Fat emulsions mainly of type water-in-oil, including mixed and/or flavoured products based on fat emulsions	15						
02.4	Fat-based desserts excluding dairy-based dessert products of category 1.7	50						
03.0	Edible ices, including sherbet and sorbet	50						
04.1.1	Fresh fruit	140						
04.1.2	Processed fruit	125						
04.1.2.5	Jams, jellies, marmalades	30						
04.2.2	Processed vegetables and nuts and seeds	200						
04.2.2.5	Vegetables (including mushrooms and fungi, roots and tubers, pulses and legumes, and aloe vera), seaweed, and nut and seed purees and spreads (e.g. peanut butter)	30						
05.1	Cocoa products and chocolate products, including imitations and chocolate substitutes	40						
05.2	Confectionery, including hard and soft candy and nougats, etc., other than 05.1, 05.3 and 05.4	30						

Group CODEX code	Food categories §	Standard portions for adults* (g)	Occurrence level as added flavouring substance		Occurrence level from other sources: as natural constituent and/or developed during the processing and/or as carry over resulting from their use in animal feed		Combined occurrence level from all sources (as added flavouring or from other sources) #	
			Normal	Maximum	Normal	Maximum	Normal	Maximum
05.3	Chewing gum	3						
05.4	Decorations (e.g. for fine bakery wares), toppings (non-fruit) and sweet sauces	35						
06.1	Whole, broken or flaked grain, including rice	200						
06.2	Flours and starches (including soya bean powder)	30						
06.3	Breakfast cereals, including rolled oats	30						
06.4	Pastas and noodles and like products (e.g. rice paper, rice vermicelli, soya bean pasta and noodles)	200						
06.5	Cereal and starch-based desserts (e.g. rice pudding, tapioca pudding)	200						
06.6	Batters (e.g. for breading or batters for fish or poultry)	30						
06.7	Pre-cooked or processed rice products, including rice cakes (oriental type only)	200						
06.8	Soya bean products (excluding soya bean products of food category 12.9 and fermented soya bean products of food category 12.10)	100						
07.1	Bread and ordinary bakery wares	50						

Group CODEX code	Food categories §	Standard portions for adults* (g)	Occurrence level as added flavouring substance		Occurrence level from other sources: as natural constituent and/or developed during the processing and/or as carry over resulting from their use in animal feed		Combined occurrence level from all sources (as added flavouring or from other sources) #	
			Normal	Maximum	Normal	Maximum	Normal	Maximum
07.2	Fine bakery wares (sweet, salty, savoury) and mixed	80						
08.1	Fresh meat, poultry and game	200						
08.2	Processed meat, poultry and game products in whole pieces or cuts	100						
08.3	Processed comminuted meat, poultry and game products	100						
08.4	Edible casings (e.g. sausage casings)	1						
09.1.1	Fresh fish	200						
09.1.2	Fresh molluscs, crustaceans and echinoderms	200						
09.2	Processed fish and fish products, including molluscs, crustaceans and echinoderms	100						
09.3	Semi-preserved fish and fish products, including molluscs, crustaceans and echinoderms	100						
09.4	Fully preserved, including canned or fermented, fish and fish products, including molluscs, crustaceans and echinoderms	100						
10.1	Fresh eggs	100						
10.2	Egg products	100						

Group CODEX code	Food categories §	Standard portions for adults* (g)	Occurrence level as added flavouring substance		Occurrence level from other sources: as natural constituent and/or developed during the processing and/or as carry over resulting from their use in animal feed		Combined occurrence level from all sources (as added flavouring or from other sources) #	
			Normal	Maximum	Normal	Maximum	Normal	Maximum
10.3	Preserved eggs, including alkaline. salted and canned eggs	100						
10.4	Egg-based desserts (e.g. custard)	125						
11.1	Refined and raw sugar	10						
11.2	Brown sugar excluding products of food category 11.1	10						
11.3	Sugar solutions and syrups, and (partially) inverted sugars, including molasses and treacle, excluding products of food category 11.1.3	30						
11.4	Other sugars and syrups (e.g. xylose, maple syrup, sugar toppings)	30						
11.5	Honey	15						
11.6	Table-top sweeteners, including those containing high-intensity sweeteners	1						
12.1	Salt and salt substitutes	1						
12.2	Herbs, spices, seasonings and condiments (e.g. seasoning for instant noodles)	1						
12.3	Vinegars	15						

Group CODEX code	Food categories §	Standard portions for adults* (g)	Occurrence level as added flavouring substance		Occurrence level from other sources: as natural constituent and/or developed during the processing and/or as carry over resulting from their use in animal feed		Combined occurrence level from all sources (as added flavouring or from other sources) #	
			Normal	Maximum	Normal	Maximum	Normal	Maximum
12.4	Mustards	15						
12.5	Soups and broths	200						
12.6	Sauces and like products	30						
12.7.1	Salads 120 g (e.g. macaroni salad, potato salad) excluding cocoa- and nut-based spreads of food categories	120						
12.7.2	Sandwich spreads (20 g), excluding cocoa- and nut-based spreads of food categories	20						
12.8	Yeast and like products	1						
12.9	Protein productsa	15						
12.1	Fermented soya bean products	40						
13.2. a	Complementary foods for infants and young children: Dry instant cereals (with or without milk), including pasta							
13.2. b	Complementary foods for infants and young children: Meat based or fish based dinner							
13.2. c	Complementary foods for infants							

Group CODEX code	Food categories §	Standard portions for adults* (g)	Occurrence level as added flavouring substance		Occurrence level from other sources: as natural constituent and/or developed during the processing and/or as carry over resulting from their use in animal feed		Combined occurrence level from all sources (as added flavouring or from other sources) #	
			Normal	Maximum	Normal	Maximum	Normal	Maximum
	and young children: Dairy based dessert							
13.2. d	Complementary foods for infants and young children: Vegetables, potatoes, broth, soups, pulses							
13.2. e	Complementary foods for infants and young children: Biscuits and cookies							
13.2. f	Complementary foods for infants and young children: Fruit purée							
13.2. g	Complementary foods for infants and young children: Fruit juice							
13.2. h	Milk for young children							
13.3	Dietetic foods intended for special medical purposes (excluding food products of category 13.1)	200						
13.4	Dietetic formulae for slimming purposes and weight reduction	200						
13.5	Dietetic foods (e.g. supplementary foods for dietary use), excluding products of food categories 13.1–13.4 and 13.6	200						
13.6	Food supplements	5						
14.1	Non-alcoholic (“soft”) beverages	300						
14.2.1	Beer and malt beverages	300						

Group CODEX code	Food categories §	Standard portions for adults* (g)	Occurrence level as added flavouring substance		Occurrence level from other sources: as natural constituent and/or developed during the processing and/or as carry over resulting from their use in animal feed		Combined occurrence level from all sources (as added flavouring or from other sources) #	
			Normal	Maximum	Normal	Maximum	Normal	Maximum
14.2.2	Grape wines	150						
14.2.3	Mead	150						
14.2.4	Spirituous beverages	30						
15.1	Snacks, potato-, cereal-, flour- or starch-based (from roots and tubers, pulses and legumes)	30						
15.2	Processed nuts, including coated nuts and nut mixtures (with e.g. dried fruit)	30						
15.3	Snacks – fish based	30						
16.0	Composite foods (e.g. casseroles, meat pies, mincemeat) – foods that could not be placed in categories 01–15	300						

827 § Most of the categories reported are the sub-categories of Codex GSFA (General Standard for Food Additives, available at [http://www.codexalimentarius.net/gsaonline/CXS\\_192e.pdf](http://www.codexalimentarius.net/gsaonline/CXS_192e.pdf)) used  
 828 by JECFA in the SPET technique (FAO/WHO, 2008). In the case of category 13.2 (complementary foods for infants and young children), further refined categories have been created so  
 829 that a specific assessment of dietary exposure can be performed in infants and small children.

830 \* In case of foods marketed as powder or as concentrates, occurrence levels must be reported for the reconstituted product, considering the instructions reported on the product label or one of  
 831 the standard dilution factors established by JECFA (FAO/WHO 2008):

- 832 - 1/25 for powder used to prepare water-based drinks such as coffee, containing no additional ingredients,
- 833 - 1/10 for powder used to prepare water-based drinks containing additional ingredients such as sugars (ice tea, squashes, etc.),
- 834 - 1/7 for powder used to prepare milk, soups and puddings,
- 835 - 1/3 for condensed milk.

836 § In order to estimate normal values in each category, only foods and beverages in which the substance is present in significant amount will be considered (e.g. for the category “Fresh fruit”  
 837 04.1.1., the normal concentration will be the median concentration observed in all kinds of fruit where the flavouring substance is known to occur).  
 838

839 # The normal and maximum combined occurrence levels of the substance will be assessed by the applicant either by adding up occurrence levels from added use to that from other sources or by  
840 expert judgment based on the likelihood of their concomitant presence. This will be done both for normal use levels and for maximum use levels.  
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842 **Table 2 - Normal and maximum occurrence levels in the main<sup>9</sup> GSFA food categories**

Group CODEX code	Main GSFA food categories §	Standard portions for adults * (g)	Occurrence level as added flavouring substance		Occurrence level from other sources: as natural constituent and/or developed during the processing and/or as residue from animal feed		Combined occurrence level from all sources (as added flavouring or from other sources) #	
			Normal	Maximum	Normal\$	Maximum	Normal	Maximum
01.0	Dairy products and analogues, excluding products of category 02.0	200						
02.0	Fats and oils and fat emulsions	50						
03.0	Edible ices, including sherbet and sorbet	50						
04.0	Fruits and vegetables (including mushrooms and fungi, roots and tubers, pulses and legumes and aloe vera), seaweeds, and nuts and seeds	200						
05.0	Confectionery	40						
06.0	Cereals and cereal products derived from cereal grains, roots and tubers, and pulses and legumes, excluding bakery wares of food category 07.0	200						
07.0	Bakery wares	80						
08.0	Meat and meat products, including poultry and game	200						
09.0	Fish and fish products, including molluscs, crustaceans and echinoderms	200						
10.0	Eggs and egg products	125						
11.0	Sweeteners, including honey	30						

<sup>9</sup> The standard portions reported in the present table are, for each main GSFA category, the largest standard portion size among its sub-categories. They will be used to estimate dietary exposure assessment if the applicant can not provide occurrence data at the level of sub-categories as listed in table 1.

12.0	Salts, spices, soups, sauces, salads, protein products (including soya bean protein products) and fermented soya bean products	200						
13.0	Foodstuffs intended for particular nutritional uses	200						
14.0	Beverages, excluding dairy products	300						
15.0	Ready-to-eat savouries	30						
16.0	Composite foods (e.g. casseroles, meat pies, mincemeat) – foods that could not be placed in categories 01–15	300						

843

844 § The categories reported are the main categories of Codex GSFA (General Standard for Food Additives, available at [http://www.codexalimentarius.net/gsaonline/CXS\\_192e.pdf](http://www.codexalimentarius.net/gsaonline/CXS_192e.pdf)).

845 \* In case of foods marketed as powder or as concentrates, occurrence levels must be reported for the reconstituted product, considering the instructions reported on the product label or one of the standard dilution factors established by JECFA (FAO/WHO 2008).

847 \$ In order to estimate normal values in each category, only foods and beverages in which the substance is present in significant amount will be considered (e.g. for the category “Fruit and vegetables” 04.0., the normal concentration will be the median concentration observed in all kinds of fruit and vegetables where the flavouring substance is known to occur).

849 # The normal and maximum combined occurrence levels of the substance will be assessed by the applicant either by adding up occurrence levels from added use to that from other sources or by expert judgment based on the likelihood of their concomitant presence. This will be done both for normal use levels and for maximum use levels.

851 **ABBREVIATIONS**

852

AFC	Panel on Food Additives, Flavourings, Processing Aids and Materials in Contact with Food
APET	Added Portions Exposure Technique
CAP	Common Authorisation Procedure
CAS	Chemical Abstract Service
CEF	Panel on Scientific Panel on Food Contact Materials, Enzymes, Flavourings and Processing Aids
CoE	Council of Europe
DATEX	Data Collection and Exposure unit, EFSA
DG SANCO	Directorate General for Health and Consumers
DNA	Deoxyribonucleic acid
EC	European Commission
ECHA	European Chemicals Agency
EFSA	European Food Safety Authority
EINECS	European INventory of Existing Commercial chemical Substances
EP	European Parliament
EU	European Union
FAO	Food and Agriculture Organization of the United Nations
FEMA	Flavor and Extract Manufacturers Association
FGE	Flavouring Group Evaluation
FLAVIS	Flavour Information System database
GEMS	Global Environment Monitoring System
GLP	Good Laboratory Practice
GSFA	General Standard for Food Additives
IOFI	The International Organization of the Flavor Industry
IUPAC	International Union of Pure and Applied Chemistry

JECFA	The Joint FAO/WHO Expert Committee on Food Additives
MoS	Margin of safety
MSDI	Maximised Survey-Derived Daily Intake
mTAMDI	Modified Theoretical Added Maximum Daily Intake
NOAEL	No-observed-adverse-effect level
OECD	Organisation for Economic Co-operation and Development
SCF	Scientific Committee on Food
SPET	Single Portion Exposure Technique
TGD	Technical Guidance Document on Risk Assessment of Chemical Substances and Biocides
UDS	Unscheduled DNA synthesis
USDA	United States Department of Agriculture
WHO	World Health Organisation

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