European Food Safety Authority

Scientific Panel on Dietetic Products, Nutrition and Allergies Unit

Parma, 25 February 2010

Consolidated list of Article 13 health claims
List of references received by EFSA

Part 4
IDs 3001 – 4262

(This document contains the list of references for claims which have passed the EFSA screening. In addition, it includes the list of references for claims which were adopted by NDA Panel in 2009 after having received clarifications from the Commission in November 2009.)

BACKGROUND

In accordance with Article 13 of Regulation (EC) No 1924/2006[1] Member States had provided the European Commission with lists of claims accompanied by the conditions applying to them and by references to the relevant scientific justification by 31 January 2008.

EFSA has received from the European Commission nine Access databases with a consolidated list of 4,185 main health claim entries with around 10,000 similar health claims. The similar health claims were accompanied by the conditions of use and scientific references. The nine Access databases were sent in three batches - in July 2008, in November 2008 and in December 2008.

Subsequently, EFSA combined the databases into one master database and re-allocated upon request of the Commission and Member States similar health claims which had been accidentally placed under a wrong main health claim entry (misplaced claims). During this process some Member States also identified a number of similar health claims which still needed to be submitted to EFSA ("missing claims"). These similar claims were also added to the database.

The references to the scientific justifications provided by Member States were either included in the database or were provided in separate files. In addition, full-text copies of references were provided directly to EFSA from stakeholders. The deadline for submission of these references was end of 2008. EFSA wishes to acknowledge the full-text copies of relevant literature provided by stakeholders until that date. In some instances, references provided to EFSA were referring to papers which were submitted for publication. In case the publication had in the meanwhile taken place EFSA has included the correct citation in the list of references and this may result in some references carrying a 2009 publication date.

[1] Regulation (EC) No 1924/2006 of the European Parliament and of the Council of 20 December 2006 on nutrition and health claims made on foods. OJ L 404, 30.12.2006, p. 9–25.

EFSA has screened all health claims on the list using six criteria established by the NDA Panel to identify claims for which EFSA considers sufficient information has been provided for evaluation and those for which for which more information or clarification is needed before evaluation can be carried out. The claims which had been sent back to the Commission and the Member States for further clarification in January 2009 were received back with additional information in November 2009.

Further information can be found on the EFSA website under the following link: http://www.efsa.europa.eu/EFSA/efsa_locale-1178620753812_article13.htm.

LIST OF REFERENCES

The present document compiles the lists of references for claims with ID numbers between 3001 and 4262 and which passed the EFSA screening. In addition, it includes the list of references for ID numbers between 3001 and 4262 which were adopted by NDA Panel in 2009 after having received clarifications from the Commission in November 2009. The list takes into account references provided through different sources and those coming from misplaced or missing claims. The main health claim entries are sorted in ascending order of the ID number.

This document will be updated according to the progress of adoption of opinions related to Art 13 health claims.

In the update of 25 February 2010, the following ID numbers have been added (in red font): 159, 2936, 2937, 2938, 2939, 2940, 2941, 2943, 2944, 2960, 2961, 2965, 2968, 2969, 2974, 2975, 2978, 2980, 2983, 2986, 2989, 2990, 2992, 2993, 2994, 2995, 2998, 3000, 3001, 3007, 3008, 3010, 3021, 3022, 3023, 3024, 3028, 3029, 3030, 3031, 3032, 3039, 3047, 3048, 3055, 3057, 3058, 3059, 3060, 4227.

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ID 3034: “Lactobacillus casei 101/37 (LMG P-17504)” and “Natural defenses (enhance NK cell activity) / immune system”

No references provided.

ID 3035: “Bifidobacterium adolescentis BA 02 (DSM 17103)” and “Microflora / intestinal transit”

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ID 3041: "Lactobacillus paracasei subsp. paracasei LPC 00 (LMG P-21380)" and "Microflora / intestinal health"

1 BIOLAB Assicurazione Qualita' srl, Study of antimycotic activity.

ID 3042: "Lactobacillus paracasei subsp. paracasei LPC 00 (LMG P-21380)" and "Microflora / intestinal health"

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ID 3170: “Xanthohumol enriched hop extract” and “relaxation properties”

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ID 3174: "Xanthohumol enriched hop extract" and "free radical scavenger / fights free radicals"

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ID 3175: "Hop extract containing xanthohumol" and "free radical scavenger / fights free radicals"

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ID 3176: "Xanthohumol" and "Free radical scavenger / fights free radicals"

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ID 3177: “Hop extract” and “free radical scavenger / fights free radicals”

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ID 3183: “Lemon (Citrus limonium) - flavonoïdes” and “Antioxidant properties”

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ID 3375: "Gynostemma pentaphyillum" and "Contributes to maintain a healthy blood sugar level2

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ID 3377: "Gynostemma pentaphyillum" and "Contributes to the health of cardiovascular system"

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ID 3404: "Juglans regla L." and "Supports the excretory function of the kidneys"

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ID 3405: "Juniperus communis - common name: Juniper" and "Renal elimination / organism draining"

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ID 3439: “Marrubium vulgare L.” and “Contributes to relaxation and mental and physical well-being”

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ID 3440: "Marrubium vulgare L." and "Contributes to the maintenance of a normal blood pressure"

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ID 3781: "Olea europaea L." and "Contributes to the maintenance of a normal blood pressure"

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ID 3782: "Olea europaea L." and "Contributes to maintain a healthy blood sugar level"

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ID 3841: “Viscum album L.” and “Supports immune defences”

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ID 4133: "Symplocos racemosa bark" and "Blood"

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ID 4143: "Salvia officinalis L. (Common name: Sage)" and "Respiratory health"

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