

1           **The use and mode of action of bacteriophages in food production**

2                           **Scientific Opinion of the Panel on Biological Hazards**

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6   **PANEL MEMBERS**

7   Olivier Andreoletti, Herbert Budka, Sava Buncic, Pierre Colin, John D Collins, Aline De  
8   Koeijer, John Griffin, Arie Havelaar, James Hope, Günter Klein, Hilde Kruse,  
9   Simone Magnino, Antonio, Martínez López, James McLauchlin, Christophe Nguyen-The,  
10  Karsten Noeckler, Birgit Noerrung, Miguel Prieto Maradona, Terence Roberts, Ivar Vågsholm,  
11  Emmanuel Vanopdenbosch

12  
13   **SUMMARY**

14   Following a request from the Health and Consumer Protection, Directorate General, European  
15   Commission, the Panel on Biological Hazards was asked to deliver a scientific opinion on “*The*  
16   *use and mode of action of bacteriophages in food production*”. In accordance with the terms of  
17   reference, this report does not consider the safety assessment of the use of bacteriophages on  
18   foods.

19   Modern microbial food safety assurance is based on a farm-to-fork principle that involves a  
20   wide range of coordinated control measures applied at all relevant steps in the food chain. A  
21   large number of different food decontamination treatments have been described in the literature.  
22   Some of them involve the application of live microorganisms to inhibit or eradicate pathogenic  
23   and/or spoilage bacteria in/on foods. To this regard, the use of bacteriophages has recently  
24   attracted a growing interest. This Opinion deals only with bacteriophage-based treatments of  
25   food products, and its main focus is on their mode of action when used for the most important  
26   types of foods of animal origin (i.e. meat and meat products, milk and dairy products).

27   The Panel on Biological Hazards made following main conclusions: Bacteriophages may be  
28   temperate or virulent; they can induce lysis of the bacterial host-cell by 2 mechanisms: “*lysis*  
29   *from within*” and/or “*lysis from without*”. The bacteriophages have narrow host-ranges and  
30   replicate best on growing bacterial cells. Naturally occurring bacteriophages can be isolated in  
31   considerable numbers from foods of animal origin. Virulent bacteriophages are the ones of  
32   choice for phage-based food decontamination, and some of these, under specific conditions,  
33   have been demonstrated to be very effective in the targeted elimination of specific pathogens  
34   from foods. In general terms, the higher the ratio of bacteriophages to host cells, the greater the

35 reduction in the target bacterial population. The persistence in/on food varies with each  
36 bacteriophage, and with the conditions of application, including dose, and physical and  
37 chemical factors associated with the food matrix. Based on data currently available in peer-  
38 reviewed literature, it cannot be concluded whether bacteriophages are able or unable to protect  
39 against recontamination of food with bacterial pathogens. This is likely to vary with each  
40 bacteriophage, each food matrix, and with conditions of application including environmental  
41 factors. Research for specific bacteriophage-pathogen-food combinations should be encouraged  
42 to ascertain these issues.

43 The Panel on Biological Hazards recommends that, if bacteriophage treatments are to be used  
44 for removal of surface contamination of foods of animal origin, then a Guidance Document on  
45 the submission of data for their evaluation is to be provided.

46 **Key words:** Bacteriophages, food of animal origin, food-borne zoonoses.

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80 **BACKGROUND AS PROVIDED BY THE EUROPEAN COMMISSION**

81 The Commission has become aware of a developing issue on the use of bacteriophages to  
82 counter *Listeria* contamination in food. Bacteriophages are viruses which infect bacteria and  
83 kill them, they are abundantly present in nature and, as a consequence, in food. Different  
84 bacteriophages work against specific bacteria. When a bacteriophage encounters its specific  
85 bacterium, it attaches itself to the cell wall of the bacterium using its tail fibres. Once a  
86 bacteriophage attaches to the bacterium, it penetrates the cell wall and its DNA is drawn into  
87 the bacterium, effectively taking over the cell and destroying the bacterium's ability to function  
88 or replicate. When the replication of bacteriophage weakens the cell wall structure and exceeds  
89 the available space within the bacterium cell, the cell wall bursts (lyses) and new  
90 bacteriophages are released into the environment to further infect their specific bacteria if they  
91 are present.

92 The products which are reportedly under development are utilising bacteriophages which  
93 reproduce via the lytic cycle whereby the virus invades the bacterium and toxins are released  
94 thus killing the bacterium. Some other bacteriophages operate by lysogeny (lysogenic cycle)  
95 where the nucleic acid of the bacteriophage fuses with the DNA of the host bacterium. Such a  
96 transfer of DNA could lead to a modification of the host bacteria such as an increase in the  
97 pathogenicity and/or virulence of the host bacteria.

98 *Regulatory framework*

99 Council Directive 89/107/EEC provides a definition of food additive as ‘any substance not  
100 normally consumed as a food in itself and not normally used as a characteristic ingredient of  
101 food whether or not it has a nutritive value the intentional addition of which to food for a  
102 technological purpose in the manufacture, processing, preparation, treatment, packaging,  
103 transport or storage of such food results, or may be reasonably expected to result, in it or its by-  
104 products becoming directly or indirectly a component of such foods’.

105 Processing aids are specifically excluded from Council Directive 89/107/EEC. For that purpose,  
106 the definition of processing aid is ‘any substance not consumed as a food ingredient by itself,  
107 intentionally used in the processing of raw materials foods or their ingredients, to fulfil a certain  
108 technological purpose during treatment or processing and which may result in the unintentional  
109 but technically unavoidable presence of residues of the substance or its derivatives in the final,  
110 product provided that these residues do not present any health risk and do not have any  
111 technological effect in the finished product’.

112 Whilst processing aids are generally excluded from the food additive legislation described  
113 above, they are with some exceptions subject to national legislation. The exceptions being the  
114 use extraction solvents which is harmonised by Council Directive 88/344/EEC and other areas  
115 of food legislation where the use of processing aids are regulated, such as legislation on wine or  
116 the hygiene legislation (Regulation (EC) No 853/2004). The latter states that ‘Food business  
117 operators shall not use any substance other than potable water... to remove surface  
118 contamination from products of animal origin, unless use of the substance has been approved in  
119 accordance with the procedure referred to in... [The Comitology procedure].’

120 The possibility to use substances other than potable water for surface decontamination is a new  
121 development brought about by the recently adopted hygiene package. Previously only potable  
122 water was permitted.

123 In response to a request from the Member State the Commission has further examined the  
124 matter and considers that bacteriophages when used on food of animal origin (including cheese)  
125 could be considered either as food additives or as substances used for reducing surface  
126 contamination (and thereby requiring approval under Regulation 853/2004).

127 The crux of the issue is the manner in which the bacteriophages exert their effect i.e. whether  
128 they preserve against recontamination or whether the effect is short lived and no continual  
129 functioning of the bacteriophages can be expected. In order to clarify their status the  
130 Commission is seeking technical assistance from EFSA on the way in which the bacteriophages  
131 work. Following this assistance from EFSA the Commission will consider which of the two  
132 regulatory frameworks apply so that the manufacturer can make the necessary request for  
133 authorisation.

134 The Commission is not at this stage seeking advice with regard to the safety in use of such  
135 bacteriophage solutions because either as food additives or as antimicrobial treatments an  
136 EFSA evaluation on the safety will be necessary before they can be considered for  
137 authorisation.

#### 138 **TERMS OF REFERENCE AS PROVIDED BY THE EUROPEAN COMMISSION**

139 In accordance with Article 31 of Regulation (EC) No 178/2002, the European Commission asks  
140 the European Food Safety Authority to provide technical assistance in relation to the use and  
141 mode of action of bacteriophages on food of animal origin.

142 The European Food Safety Authority is asked to:

143 (i) From the literature provided and/or a literature search, if deemed necessary, to describe the  
144 mode of action expected from the use of bacteriophage solutions on food of animal origin  
145 (including but not exclusively use on animal carcasses, meat products and dairy products).

146 (ii) Advise whether the use of bacteriophages may lead to a continual functioning in the food,  
147 thereby protecting against recontamination or whether the effect can be expected to be short  
148 lived with no continuing action effect in the final food.

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## 154 ASSESSMENT

## 155 1. Introduction

156 Modern microbial food safety assurance is based on a farm-to-fork principle that involves a  
157 wide range of coordinated control measures applied at all relevant steps in the food chain. For  
158 didactic reasons, such control measures can be grouped into two global approaches, “proactive”  
159 or “reactive”. The former approach is of preventative nature and comprises hygiene-based  
160 measures aimed at the total avoidance or minimisation of the microbial contamination of food.  
161 The latter approach employs various treatments aimed at the elimination of microorganisms  
162 that already contaminated the food. The “proactive” approach is universally and mandatorily  
163 used, but can be complemented with the “reactive” approach in some situations within the  
164 regulatory frame.

165 Based on the knowledge accumulated to date, it is assumed that currently available  
166 decontamination treatments, generally, can only reduce the microbial contamination level in/on,  
167 but cannot completely eliminate microbial pathogens from, foods. It is recognised that the  
168 ultimate effectiveness of antimicrobial treatments, when assessed through the levels of  
169 surviving microflora remaining on treated foods, depends on the initial microbial load to a great  
170 extent. Better ultimate results of the antimicrobial treatment are achieved when applied to  
171 cleaner foods. Furthermore, many factors affect the efficacy of antimicrobials, including the  
172 concentration of the antimicrobial substance, duration of exposure, temperature, pH and  
173 hardness of the water, firmness of bacterial attachment to the carcasses, biofilm formation and  
174 the presence of fat or organic material in water  
175 ([http://ec.europa.eu/food/fs/sc/scv/out63\\_en.pdf](http://ec.europa.eu/food/fs/sc/scv/out63_en.pdf)). A large number of different antimicrobial  
176 treatments (“decontamination”) of foods, developed and applied mostly under experimental  
177 conditions only and, comparably, rarely to a commercial application level, have been described  
178 in the literature (Acuff, G.R., 2005; Bacon, R.T. *et al.*, 2000; Feirtag, J.M. and Pullen, M.M.,  
179 2003; Guan, D. and Hoover, D.G., 2005; Huffman, R.D., 2002; Smulders, F.J. and Greer, G.G.,  
180 1998; Sofos, J.N. and Smith, G.C., 1998).

181 Physical treatments include water treatments (cold or hot water washing/rinsing), electrolysed  
182 water treatments, steam treatments (pasteurisation; sub-atmospheric; steam vacuum), high  
183 pressure treatments, irradiation treatments (electron beam; gamma rays), electromagnetic  
184 treatments (pulsed visible light; ultraviolet; microwave; infrared; dielectric or radiofrequency),  
185 electric treatments (pulsed electric field) and gas plasma treatments.

186 Chemical treatments are based on the use of chlorine, organic acids (e.g. lactic, acetic, or citric  
187 acid), peroxyacetic acids, acidified sodium chlorite, acidic calcium sulphate, activated  
188 lactoferrin, trisodium phosphate, cetylpyridinium chloride, ozone and carbon dioxide.

189 In addition to their antimicrobial effectiveness, relevant aspects of physical and chemical  
190 treatments also include issues concerning their undesirable effects. These include potential  
191 changes of sensory qualities of foods (e.g. after heat or irradiation treatments) and a possibility  
192 of residues remaining in the food (e.g. after chemical treatments). To minimize these risks, the  
193 intensity of the treatments has to be limited, which limits their effectiveness. To overcome this  
194 problem, different treatments can be used in a sequence, which may yield synergistic or additive  
195 decontaminating effects termed as a “multiple hurdles” decontamination approach (Bacon, R.T.  
196 *et al.*, 2000; Sofos, J.N. and Smith, G.C., 1998).

197 On the other hand, some treatments are based on “natural” antimicrobials, such as plant extracts  
198 or microbial products (e.g. bacteriocins) that allow the manipulation of the microbial ecology of

199 foods. Furthermore, some antimicrobial treatment technologies involve the application of live  
200 microorganisms e.g. “protective” bacterial cultures or bacteriophages to inhibit or eradicate  
201 pathogenic and/or spoilage bacteria in/on foods. To this regard, the use of bacteriophages has  
202 recently attracted a growing interest (Hudson, J.A. *et al.*, 2005) from researchers and industry as  
203 well.

204 This Opinion deals only with bacteriophages-based treatments of food products, and its main  
205 focus is on their mode of action when used for the most important types of foods of animal  
206 origin (i.e. meat and meat products, milk and dairy products). The safety assessment of  
207 bacteriophages will not be considered here.

## 208 **2. Biology of bacteriophages**

### 209 **2.1. Description, types of bacteriophages, and life cycle**

210 In the last years several multi-authored books on bacteriophages have been published, see for  
211 example (Calendar, R., 2006; McGrath, S. and van Sinderen, D., 2007; Waldor, M.K. *et al.*,  
212 2005); the reader is referred to them for comprehensive information on bacteriophage biology,  
213 applications and problems associated to them. The information summarized bellow has been  
214 taken from the previously mentioned books.

215 Bacteriophages (comes from the Greek for bacteria eaters) are the viruses of bacteria. Like all  
216 other viruses they are intracellular obligate parasites. Their extracellular form (the virion)  
217 behaves as an inert particle composed of a nucleic acid (usually double stranded DNA)  
218 surrounded by a protein coat (the capsid). Most dsDNA bacteriophages present an injection  
219 apparatus (the tail) to allow passage of the nucleic acid through the bacterial cell wall and  
220 plasma membrane. Unlike animal viruses, enveloped bacteriophages are rare.

221 Bacteriophages are abundant in saltwater, freshwater, soil, plants and animals and they have  
222 been shown to be unintentional contaminants of milk and even some commercially-available  
223 vaccines and sera. They are also found in the human digestive and genitourinary tracts and even  
224 in the skin. Furthermore, they were used as therapeutic agents almost since their discovery up to  
225 the advent of antibiotics in the western countries and still are in Poland and many of the nations  
226 that have arisen from dismemberment of the Soviet Union, for the treatment of internal and  
227 superficial infections without any consistent record of adverse effects imputable to their use.

228 In general, virions are able to remain in the environment for long periods of time due to their  
229 lack of metabolism. Consequently they are frequently an important cause of failures in the food  
230 and drug fermentation industries due to the contamination of the raw materials and the factory  
231 setting, which allows the infection of the starter cells. However, most bacteriophages tend to be  
232 very susceptible to the exhaustion of divalent cations which are essential for the stability of  
233 capsids, and to the attack of proteases, frequently produced by environmental microorganisms.  
234 Ultimately, inactivated bacteriophage particles will be broken down into common biological  
235 particles (amino acids and nucleosides) that are naturally absorbed back in the environment.

236 The encounter of the bacteriophage with its host is a random event and is followed by the  
237 specific recognition between surface cell-receptors and bacteriophage anti-receptors located at  
238 the tip of the tail. This implies that bacteriophages have narrow host ranges, rarely expanding  
239 further than the species or genus level for Gram positive and Gram negative bacteria  
240 respectively. Consequently, they are unable to infect eukaryotic cells.

241 Bacteriophages may follow a **lytic cycle**; and those that can only follow the lytic cycle are  
242 known as **virulent** bacteriophages. Lysis of the host bacterial cell can occur as a result of two  
243 possible mechanisms indicated below:

244 (i) “*Lysis from within*”. In this case, lysis of the host cell occurs as a result of phage  
245 replication. The genetic material is the only component of the virion that enters into the host  
246 cell, which may occur through injection (bacteriophages with contractile tails) or following the  
247 enzymatic breakage of the cell wall. In both cases, the pore generated in the membrane will  
248 affect its electric potential, although this harm is easily repaired. Once inside the cell, the  
249 genetic material of the bacteriophage is replicated hundreds of times, the coat proteins are  
250 synthesized and new particles are assembled that will constitute the viral progeny (usually  
251 between several tens and a few hundreds per infected cell). Release of the progeny is the  
252 consequence of the collaborative action of the holin, a hydrophobic polypeptide that forms  
253 pores in the cell membrane, through which the lysin (a muramidase) reaches the cell wall, thus  
254 provoking the lysis of the host-cell.

255 (ii) “*Lysis from without*”. In this case, lysis of the host cell occurs in the absence of phage  
256 replication. This happens when a sufficiently high number of phages particles adhere to the cell,  
257 and lyse it through alteration of the membrane electric potential, and/or the activity of cell-wall  
258 degrading enzymes.

259 Some dsDNA bacteriophages, however, have the capacity to synthesize a repressor protein that  
260 silences most bacteriophage genes and results in abortion of the lytic cycle. Under these  
261 circumstances the bacteriophage DNA (the prophage) synchronizes its replication to that of the  
262 host to be inherited by its offspring. In most cases this is brought about through integration of  
263 the bacteriophage DNA into the host genome via site-specific recombination. This alternative  
264 method of bacteriophage propagation is called the **lysogenic cycle** and the bacteriophages able  
265 to pursue it are known as **temperate**.

266 The expression of the repressor gene throughout the lysogenic cycle leads to superinfection  
267 immunity (i.e. the inability of newcomer related bacteriophage to develop in the host cell).  
268 Frequently, temperate bacteriophages harbour other genes that are also expressed during  
269 lysogeny. These may confer new properties on their hosts (lysogenic conversion) this being  
270 especially relevant for those that encode virulence factors, such as the diphtheria toxin encoded  
271 by the  $\beta$  bacteriophage of *Corynebacterium diphtheriae*, *bacteriophages of verocytotoxin-*  
272 *producing E. coli* and many others.

273 Also, bacterial DNA can be transferred from cell to cell, inside viral capsids (transduction). The  
274 extremes of the concatemers formed during the rolling-circle replication followed by most  
275 dsDNA bacteriophages, are specifically identified to initiate packaging. In cohesive-end bearing  
276 bacteriophages the terminase recognizes the same sequence at the end of the incoming genome  
277 and introduces a staggered cut, so that the resulting outer extreme can be identified, thus  
278 keeping a tight control of the DNA that enters the capsid. Other bacteriophages package as  
279 much DNA as can be admitted into the capsid, which is usually more than the unit genome.  
280 This results in circularly permuted molecules and in a more relaxed control of the DNA to be  
281 packaged, reason why they tend to be better transductants than cohesive end bacteriophages.

282 Bacterial host cells are not defenceless against phage attack. The heavy burden put on the  
283 susceptible bacteria may select cell variants that are refractory to bacteriophage infection  
284 (bacteriophage insensitive mutants, BIMs). This is usually accomplished by loss, modification,  
285 or masking of the bacteriophage receptors located at the cell wall. However, genes specifically  
286 devoted to neutralize bacteriophage infection have been described in bacteria that are frequently  
287 challenged by bacteriophages, such as fermentation starters. These genes comprise the ones  
288 involved in restriction-modification (R-M systems) and in abortive infection (abi systems)  
289 which inhibit specific steps of the cell metabolism upon infection, resulting in the inability of  
290 the bacteriophage to generate a progeny and, usually, in death of the infected cell, thus blocking  
291 spread of the infection. Resistance mechanisms identified so far are mainly plasmid encoded.



292 For more detailed information on resistance mechanisms, readers are referred to publications by  
293 (Emond, E. *et al.*, 1997 ; Garcia, L.R. and Molineux, I.J., 1995 ; Hudson, J.A. *et al.*, 2005).

294 Bacteriophage treatments could provide the conditions for selection of bacteriophage-resistant  
295 clones of the target bacteria, that could occupy niches in processing equipment/environment,  
296 and continue to be a source of cross-contamination during food processing. A number of  
297 strategies that may be used to overcome or limit resistance development have been indicated in  
298 the literature, including the prevention of the recycling of the bacteriophages in the reservoir of  
299 the pathogen by alternating use of different bacteriophages (either in a cocktail of several  
300 bacteriophages, or in consecutive treatments).

301 While bacteria have developed specialized bacteriophage-defence mechanisms, phages also  
302 continuously adapt to these altered host systems. Spontaneous mutations conferring  
303 bacteriophage resistance may actually have deleterious effects on these bacteria, and not  
304 necessarily confer an evolutionary advantage in the absence of phages. In one study, it was  
305 found that bacteriophage-insensitive mutants revert to phage sensitivity in the absence of  
306 selective pressure (O'Flynn, G. *et al.*, 2004).

## 307 **2.2. General remarks on the mechanism (mode) of action of bacteriophages in foods**

308 Bacteriophages generally exhibit a narrow host range, which is usually restricted to one genus  
309 of bacteria (Ammann, A. *et al.*, 2008; O'Flaherty, S. *et al.*, 2005a), but more frequently  
310 restricted to either a limited number of species within a genus or to a limited number of  
311 bacterial strains within a species (Jarvis, A.W. *et al.*, 1991). The best virulent bacteriophages  
312 for biocontrol applications are those with the broadest possible host range. These are termed  
313 polyvalent bacteriophages (O'Flaherty, S. *et al.*, 2005a) or WHR (wide host range)  
314 bacteriophages (Bielke, L.R. *et al.*, 2007) as they are usually active against many species within  
315 a bacterial genus. Thus they can be applied to specifically target and eliminate that genus in  
316 foods or other environments.

317 As bacteriophages rely on host bacteria to replicate, it is essential that they come in contact with  
318 their bacterial host, and that they survive well in the environment until they do so. This stage in  
319 the infection cycle can be considered an extracellular “search stage”, which is constrained by  
320 bacteriophage and host-cell migration rates and is also dependent on host-cell and  
321 bacteriophage numbers. This stage is followed by bacteriophage adsorption, which combines  
322 reversible bacteriophage binding, irreversible bacteriophage binding and bacteriophage genome  
323 transfer into the host, which typically occurs rapidly following collision between a  
324 bacteriophage particle and a bacteriophage-susceptible bacterium. Bacteriophage replication  
325 within the bacterial cell and release of progeny bacteriophage, are dependent on the metabolic  
326 status of the bacterial cell.

327 A variety of extrinsic factors can influence the ability of bacteriophages to adsorb onto and  
328 infect their bacterial host. Among the most important are bacterial cell and bacteriophage  
329 numbers. Much information on the use of bacteriophages to eliminate bacteria comes from  
330 experiments where researchers have typically mixed a high titre of a single bacteriophage strain  
331 with a single bacterial strain at about  $10^7$  or  $10^8$  cells per ml. Nevertheless, laboratory  
332 experiments with coliphage T4, *Bacillus* and *Staphylococcus* bacteriophages have shown  
333 bacteriophage propagation on bacterial cells occurred with as low as  $10^4$  host cells per ml  
334 (Wiggins, B.A. and Alexander, M., 1985). Furthermore, studies with *Pseudomonas*  
335 bacteriophages (Greer, G.G., 2006; Kokjohn, T.A. *et al.*, 1991) indicated bacteriophage  
336 replication with as little as  $10^2$  target cells per ml. (O'Flynn, G. *et al.*, 2004) used a cocktail of  
337 three different bacteriophages to treat beef contaminated with  $10^3$  CFU per g of *E. coli*  
338 O157:H7; in the majority of samples, no viable *E. coli* cells could be retrieved after storage. In

339 the case of *Salmonella*, (Bigwood, T. *et al.*, 2008) also showed effective elimination of  
340 *Salmonella* cells where  $10^4$  cells per g were employed. The above studies indicate that the  
341 application of bacteriophages in food to eliminate undesirable bacteria, which may be present at  
342 low numbers, could well be successful. However, this is likely to be dependent on the amount  
343 of fluid present in the food, which will contribute to bacteriophage mobility.

344 Bacteriophage infection and replication is influenced by the physiological and nutritional status  
345 of the host bacterium. Many bacteria undergo a variety of metabolic and structural changes in  
346 stationary-phase conditions that facilitate long-term survival in hostile conditions (McCann,  
347 M.P. *et al.*, 1991) and it is widely accepted that most bacteriophages cannot productively infect  
348 stationary-phase bacteria (Brussow, H. and Kutter, E., 2004). Nevertheless, the existence of a  
349 high abundance of bacteriophage in natural ecosystems (Bergh, O. *et al.*, 1989; Torrella, F. and  
350 Morita, R.Y., 1979) would appear to disagree with this, as many bacteria are understood to be  
351 in a physiological state similar to the stationary phase of growth. Indeed, one study clearly  
352 showed bacteriophage replication, albeit at a reduced rate, on stationary-phase *E. coli* and  
353 *Pseudomonas aeruginosa* cells (Schrader, H.S. *et al.*, 1997).

354 It is important to understand that the precise properties exhibited by one bacteriophage cannot  
355 be assumed to be identical for other bacteriophages. Each bacteriophage will have its own  
356 characteristic properties including host range, burst size, and ability to maintain its physical  
357 integrity in different environments.

### 358 **3. Bacteriophages in foods of animal origin**

#### 359 **3.1. Ecology of bacteriophages in food (natural abundance)**

360 Bacteriophages may be present on the surface of foods, including carcasses and meat, wherever  
361 the bacterial host is or has been present. Bacterial hosts include intestinal and skin bacteria,  
362 both pathogens and non-pathogens, colonising food animals. It is not surprising therefore that  
363 bacteriophages have been found frequently on the surface of red and white meat, fish and other  
364 foods. In addition, many fermented foods are likely to be contaminated with bacteriophages,  
365 either from the environment or from the host bacteria themselves if these are lysogenic.

366 There is not an absolute correlation between the presence of bacteriophages and the target host  
367 since the latter may be inactivated by processing.

368 Bacteriophages can be isolated from foods by their ability to lyse indicator bacteria. Where  
369 these are not available samples may be tested for their ability to lyse the predominant bacteria  
370 isolated from the samples, the so-called bacteriophage-host systems. This latter method is very  
371 convenient although it will not necessarily detect bacteriophages which have been released  
372 from lysogenised bacteria since the bacteria will normally be resistant to the bacteriophages  
373 which have been released. In this case co-culture with an indicator organism is required, again  
374 necessitating availability of an indicator.

375 Over a number of years bacteriophages have been studied in foods for a number of reasons,  
376 including (i) their influence on spoilage bacteria and as a means to prevent this, (ii) as  
377 indicators of contamination with intestinal/faecal bacteria, (iii) their detrimental effects on the  
378 production of certain foods by fermentation, or (iv) the recent resurgence in interest in  
379 bacteriophages for control of bacterial food-borne pathogens..

380 Early studies had the aim of using the presence of enteric bacteria or their bacteriophages (in  
381 addition to enteric viruses) as an indication of faecal contamination with the advantage that  
382 bacteriophage detection was a quicker process than bacterial culture. Poultry and pig meat has  
383 the capacity to be contaminated extensively given the conditions prior to and immediately after

384 slaughter and the fact that skin is retained on the carcass. Very little published information is  
385 available for pork meat. In contrast there is evidence that bacteriophages active on *E. coli* and  
386 *Campylobacter* can be isolated frequently from poultry. Enteric bacteriophages have been  
387 isolated from poultry for these reasons (Hsu, F.C. *et al.*, 2002; Kennedy, J.E., Jr. and Bitton, G.,  
388 1987; Kennedy, J.E. *et al.*, 1986). Bacteriophage counts of between  $<10^1$  and  $6 \times 10^2$  PFU  
389 (plaque forming units) per g tissue were found in chicken, turkey or ground beef (Kennedy, J.E.  
390 *et al.*, 1986). In some cases pilus-specific bacteriophages have been sought (which may limit  
391 the range of bacteriophages and host organisms that can be detected) and these have been found  
392 in between 63% and 100% of samples of ground beef and chicken meat (Hsu, F.C. *et al.*, 2002).  
393 Coliphages were isolated from between 69 and 88% samples and *Salmonella* bacteriophages  
394 were found in 65% samples (Hsu, F.C. *et al.*, 2002). The study by (Atterbury, R.J. *et al.*, 2003b)  
395 included a validation of the method of isolation indicating that recovery of *Campylobacter*  
396 *jejuni* bacteriophages inoculated experimentally on to fresh or frozen chicken skin remained  
397 constant at 42-44% over a 6 day period thereafter falling to 17% by day 10. The method, using  
398 a standard indicator strain, was also sensitive enough to detect ca.  $10^3$  PFU/cm<sup>2</sup> of skin.  
399 Recovery decreased markedly from 100% immediately after inoculation to 22% following  
400 refreezing and thawing. Given the poor growth of *C. jejuni* at refrigeration temperatures it is not  
401 surprising that bacteriophage recovery was not affected by the presence of *C. jejuni* on the skin  
402 surface. *Campylobacter* bacteriophages were recovered from 11% of 300 skin samples. The  
403 recovery rates were 79% for free-range chickens and 15% and 6% for standard and economy  
404 products. The mean bacteriophage numbers isolated were  $4.6 \times 10^5$  PFU/cm<sup>2</sup> (range,  $1 \times 10^2$  to  
405  $4 \times 10^6$ ). Bacteriophage recovery from skin from frozen chicken was not successful. A more  
406 recent study (Tsuei, A.C. *et al.*, 2007) demonstrated isolation of coliphages from 90.2% of 51  
407 samples of chicken skin in a study from New Zealand. Most bacteriophage counts were in the  
408 range of 1-10 PFU/g with the highest count  $2.6 \times 10^2$  PFU/g. The figure for *C. jejuni*  
409 bacteriophages was 0% for skin samples and 28.2% for whole bird rinses.

410 No studies have been carried out on the relationship between numbers of specific  
411 bacteriophages present in the intestine and which are active on bacteria such as lactobacillus  
412 and the obligate anaerobes, and their number on skin after slaughter or during retail.

413 A number of other early studies have shown bacteriophages active on *Pseudomonas* spp.,  
414 psychrotrophic bacteria, *Staphylococcus aureus*, enterobacteria, including *E. coli* and  
415 *Salmonella*, to be isolated from poultry, red meat, fish and shellfish and raw milk (see  
416 (Kennedy, J.E., Jr. and Bitton, G., 1987) for review) in addition to fermentation products  
417 derived from milk, including cheese (Gautier, M. *et al.*, 1995; Suarez, V.B. and Reinheimer,  
418 J.A., 2002).

419 As a result of storage of meats and other foods at low temperature isolation of bacteriophages  
420 from such products has been largely confined to psychrotrophic bacteria that can be isolated  
421 from and are associated with spoilage of chilled meats. Thus (Greer, G.G., 1983) isolated a total  
422 of 21 virulent bacteriophages active on a wide range of strains of *Brocothrix thermosphacta*  
423 from steak rib washings. (Whitman, P.A. and Marshall, R.T., 1971b) used the bacteriophage-  
424 host system to study a variety of refrigerated products. Bacteriophages which were active on the  
425 host bacteria isolated from the same sample were isolated from ground beef (11/17 samples),  
426 pork sausage (4/7), chicken (4/8), raw skim milk (2/5), oysters (1/1), but they were not isolated  
427 from 2 samples of egg white and 5 samples of luncheon meat. In most cases more than one  
428 bacteriophage type was isolated from each sample. The range of bacteriophage counts was wide  
429 between  $<10^2$  PFU/g to  $6.3 \times 10^7$  PFU/g. Bacterial counts were greater than  $2.2 \times 10^5$  CFU/g in  
430 all except one sample. The bacteriophages were fairly specific, generally lysing only the hosts  
431 on which they were isolated which were *Pseudomonas*, enterobacteria or *Leuconostoc* spp..

432 Similar studies were carried out by (Delisle, A.L. and Levin, R.E., 1969) with bacteriophage-  
433 hosts systems involving *Pseudomonas* isolated from fish meat.

434 It is unclear whether the primary source of bacteriophages on seafood is the resident microflora  
435 of the organisms at catch or from the processing environment. Bacteriophages have been  
436 isolated from mussels and oysters (Crocini, L. *et al.*, 2000; Kennedy, J.E. *et al.*, 1986). Oysters  
437 contained  $<10^1$  PFU/g coliphages and similar numbers of *E. coli*.

438 Bacteriophages have also been isolated from processed meats including sausage although it is  
439 again unclear whether this is a result of contamination during processing (Whitman, P.A. and  
440 Marshall, R.T., 1971a, b). (Kennedy, J.E. *et al.*, 1986) found low numbers of bacteriophage  
441 ( $<10^2$  PFU/100g and  $<10^3$  PFU/100g respectively) from luncheon meat and chicken pot pie.

### 442 **3.2. Use of bacteriophages in the biocontrol of microorganisms in food**

443 Bacteriophages can be used following two different approaches, in a passive or in an active  
444 treatment.

445 (i) used in a passive treatment

446 In this approach bacteriophages are added in sufficient quantities to overwhelm all target  
447 organisms by primary infection, or by lysis from without. Although much higher numbers of the  
448 bacteriophages are required, they should be able to eliminate even sparse populations of  
449 susceptible bacteria. One other advantage of this approach is that, since much of the effect is a  
450 result of lysis from without, natural resistance due to restriction enzymes present in host  
451 bacteria will not be an issue. Since the attachment antigen may be shared between several  
452 bacterial taxa which may not normally be susceptible to bacteriophage multiplication, the use of  
453 this method can widen the range of susceptible bacteria

454 (ii) used in an active treatment

455 A relatively small dose of bacteriophages may be required for efficacious elimination of the  
456 undesirable bacteria, since most are killed by secondary infections due to replication and  
457 transmission from neighbouring organisms. This is dependent on the bacteriophages being able  
458 to spread between susceptible bacterial hosts, which may be hindered by the surrounding  
459 material being viscous or by the presence of outnumbering inert bacteria.

460 The timing of bacteriophage application appears to be important in active treatment, and the  
461 host cells must be in excess of a predicted critical replication threshold to propagate enough  
462 bacteriophages to kill all target cells. If this threshold is not reached the bacteriophages are  
463 unable to multiply and may disappear.

464 Three scenarios have been proposed for the use of bacteriophages in biocontrol:

465 (a) control of pathogenic bacteria in foods

466 (b) prevention of bacterial food spoilage

467 (c) reduction of antibiotic resistance by suppressing resistance gene expression by using  
468 bacteriophages to deliver antisense DNA. This is purely in the experimental phase.

469 Bacteriophages used for the first application (a) usually originate from non-food sources where  
470 the pathogens may also be found, such as waste water, faeces, sewage, soil etc.; those used for  
471 the second application (b) generally derive from foods and food-processing environments. Most  
472 data available to date come from experimentally inoculated foods in laboratories, and in many  
473 of the experiments, optimum control of pathogens were achieved at high multiplicity of  
474 infection values (ratio of bacteriophage to target bacteria).

475 **3.2.1. Examples of use in dairy products**

476 Bacteriophages are naturally present in raw milk as reported by (Bruttin, A. *et al.*, 1997;  
477 Quiberoni, A. *et al.*, 2006). These bacteriophages were identified as a result of their potential  
478 role in lysing starter cultures used in dairy fermentations. The presence of bacteriophages that  
479 target the genera *Streptococcus*, *Lactobacillus* and *Lactococcus* is a problem in dairy  
480 fermentations (Sturino, J.M. and Klaenhammer, T.R., 2004). In addition to the wide body of  
481 research on this industrially important bacteriophage issue, a number of studies have been  
482 carried out where bacteriophages, which are inhibitory to pathogenic or spoilage bacteria have  
483 been deliberately added with the intention of demonstrating their efficacy in eliminating  
484 undesirable bacteria from dairy products. These are described below. Interestingly, two papers  
485 report observations that bacteriophage were unable to lyse their target bacteria in raw milk  
486 (Gill, J.J. *et al.*, 2006; O'Flaherty, S. *et al.*, 2005b) due to heat-labile factors present in raw  
487 milk, but which were inactivated in pasteurized milk. (O'Flaherty, S. *et al.*, 2005b) proposed  
488 that the inhibition was due to immune factors present in milk which brought about  
489 agglutination of the bacterial cells rendering them inaccessible to the bacteriophages.

490 On the topic of longevity of phages in milk, one recent study showed that phage preparations  
491 constituted in milk-based formulations were protected from physical damage brought about by  
492 UV irradiation and other factors associated with phage survival on leaf surfaces such as  
493 desiccation and temperature (Iriarte, F.B. *et al.*, 2007). Phages generally survived longer when  
494 composed in the formulation, which contained 7.5g/L skim-milk powder. For example, in the  
495 absence of formulation, fluorescent light eliminated phage within two weeks. In the presence of  
496 the formulation the reduction in phage numbers was eliminated (Iriarte, F.B. *et al.*, 2007). It is  
497 noteworthy that sugar and protein have long been known to have a protective effect on phage  
498 (Ehrlich, R. *et al.*, 1964; Prouty, C.C., 1953).

499 Studies where bacteriophage have successfully been used to inhibit undesirable bacteria in milk  
500 and dairy products include those by (Ellis, D.E. *et al.*, 1973) and (Patel, T.R. and Jackman,  
501 D.M., 1986) who showed that bacteriophage could reduce the numbers of the psychrotrophic  
502 *Pseudomonas* in milk. In a different study focusing on staphylococci, the anti-staphylococcal  
503 bacteriophages employed were found to be very stable and active in decreasing numbers of this  
504 bacterium. They were more effective during enzymatic (rennet) manufacturing of curd than  
505 during acid curd manufacturing (Garcia, P. *et al.*, 2007) suggesting that pH had a negative  
506 effect on bacteriophage activity in this case. In another study, addition of anti-*Salmonella*  
507 bacteriophages to cheese milk was shown to reduce the numbers of *Salmonella* Enteritidis in  
508 cheese made from both raw and pasteurised milk (Modi, R. *et al.*, 2001). In the case of  
509 *Enterobacter sakazakii*, bacteriophages were able to effectively suppress the growth of this  
510 pathogen in reconstituted infant formula milk both at 24 and 37°C (Kim, K.P., 2007). Another  
511 example is the pathogen *Listeria monocytogenes* which is a significant problem in many dairy  
512 products, especially raw-milk cheeses. In this research, treatment with anti-*Listeria*  
513 bacteriophage lead to complete eradication of this pathogen in soft cheese (Carlton, R.M. *et al.*,  
514 2005) and in mozzarella cheese (Guenther, S. and Loessner, M.J., 2006). *Listeria* disappeared  
515 to titers below the detection limit up to 21 d after cheese packaging when applying  
516 bacteriophage frequently and at a high dose (Schellekens, M.M. *et al.*, 2007). These studies all  
517 indicate a strong potential for success when applying bacteriophages to eliminate undesirable  
518 bacteria in milk and dairy products.

519 Another interesting study looked at the possibility of deliberately applying bacteriophages,  
520 which targeted lactic acid bacteria, to mediate lysis of specific components of a cheese starter  
521 culture. The aim here was to bring about release of intracellular bacterial enzymes into the  
522 cheese curd: namely peptidases and lipases, which are known to generally have a positive

523 impact on cheese flavour during cheese ripening. This approach was demonstrated by (Crow,  
524 V.L. *et al.*, 1995). In the same context, a study by (O'Sullivan, D. *et al.*, 2000) demonstrated  
525 that a wide range of dairy starter cultures associated with autolysis (and thus good flavour  
526 characteristics) in cheese curd harboured prophage determinants. It was proposed that the  
527 “cooking” stage of cheese manufacture brought about prophage induction and release of  
528 bacteriophages (and thus cell lysis) into the cheese curd. Note, the “cooking” stage typically  
529 involves heating the curd to 40°C in the fermentation tank. “Cooking”-induced lysis of a starter  
530 culture with concomitant detection of bacteriophage particles by electron microscopy was  
531 demonstrated by (Feirtag, J.M. and McKay, L.L., 1987).

### 532 3.2.2. Examples of use in carcasses, meats and meat products

533 Bacteriophages have been applied to meat and meat products with the main aim of selectively  
534 reducing target populations of pathogenic or spoilage bacteria. Although the application of  
535 bacteriophages as a biocontrol has been investigated in a variety of food matrices, most studies  
536 have focussed on chicken, beef and pork. Some mathematical models of phage-host interactions  
537 suggest that a minimum density of host cells is required in order to support phage replication  
538 and significantly reduce the target population of bacteria (Payne, R.J. and Jansen, V.A., 2001;  
539 Payne, R.J. *et al.*, 2000). One study concluded that bacteriophages do not affect the number or  
540 activity of bacteria in liquid environments where the population density of the host species is  
541 below approximately  $10^4$  CFU per ml (Wiggins, B.A. and Alexander, M., 1985). However,  
542 these conclusions are not universally accepted (Kasman, L.M. *et al.*, 2002) and studies on the  
543 control of spoilage bacteria on meat surfaces suggest that bacteriophages can be effective  
544 biocontrol agents when the population of host cells is as low as 46 CFU per  $\text{cm}^2$  (Greer, G.G.,  
545 1988). These conflicting findings may be a result of factors such as different phage/host  
546 combinations, the matrix used, the presence of non-host decoys (i.e. particles to which the  
547 phage will attach, other than the bacterial host) or the assumptions made when modelling. As  
548 such, the efficacy of phage-based biocontrol should be determined empirically on a case-by-  
549 case basis as the predictive power of current mathematical models is limited.

#### 550 3.2.2.1. Examples of use in chicken products

551 Poultry products have arguably been the most widely-used meats to study the efficacy of  
552 bacteriophage-mediated biocontrol in foods. Members of the *Campylobacter* and *Salmonella*  
553 genera have been the most frequently targeted pathogens on chicken meat. Significant  
554 reductions in *C. jejuni* and *S. Enteritidis* numbers following phage treatment have been  
555 recorded on artificially contaminated chicken skin (Atterbury, R.J. *et al.*, 2003a; Goode, D. *et*  
556 *al.*, 2003). Freezing of the chicken skin after the application of phage was more effective in  
557 reducing *C. jejuni* numbers than either treatment used independently (Atterbury, R.J. *et al.*,  
558 2003a). In an effort to represent a more accurate distribution of pathogens on the surface of  
559 chicken carcasses, (Atterbury, R. *et al.*, 2006) took skin sections from slaughtered chickens  
560 which had been experimentally infected with *S. Enteritidis* or *Typhimurium* during rearing. The  
561 application of a high titre phage suspension reduced *S. Enteritidis* numbers to below detectable  
562 levels in the majority of contaminated skin sections. A significant reduction in the proportion of  
563 broiler chicken and/or turkey carcasses contaminated with *Salmonella* following phage  
564 treatment was reported by (Higgins, J.P. *et al.*, 2005) and (Chighladze, E. *et al.*, 2001). The  
565 higher bacteriophage titres used in these experiments were generally much more effective in  
566 reducing *Salmonella* numbers than the lowest titres. A small number of studies have examined  
567 the efficacy of bacteriophages against *Salmonella* in chicken portions and processed products.  
568 Bacteriophages have been used to reduce numbers of *S. Typhimurium* DT104 inoculated onto  
569 chicken legs (Kostrzynska, M. *et al.*, 2002) and chicken sausages (Whichard, J.M. *et al.*, 2003).

570 3.2.2.2. Examples of use in beef products

571 Studies using bacteriophages to treat beef products have targeted both spoilage and pathogenic  
572 bacteria. Spoilage organisms such as *Pseudomonas* spp. have been controlled on artificially-  
573 contaminated beef surfaces using bacteriophages, with a concomitant increase in the shelf life  
574 of the product (Greer, G.G., 1982, 1986). However, experiments using bacteriophages to treat  
575 meat surfaces naturally-contaminated with *Pseudomonas* have thus far proved unsuccessful  
576 (Greer, G.G. and Dilts, B.D., 1990). (O'Flynn, G. *et al.*, 2004) and (Abuladze, T. *et al.*, 2008)  
577 were able to significantly reduce the numbers of *E. coli* O157 on artificially-contaminated beef  
578 surfaces and ground beef respectively following phage treatment. The control of *Listeria*  
579 *monocytogenes* in meats raises additional difficulties due to the ability of this pathogen to grow  
580 at low temperatures. In a study by (Dykes, G.A. and Moorhead, S.M., 2002), bacteriophages  
581 alone had no effect on the growth of *L. monocytogenes* in beef broth at 4°C. However, an  
582 enhanced effect was seen when bacteriophages and nisin were combined, although this could  
583 not be replicated on a vacuum-packed beef model. (Bigwood, T. *et al.*, 2008) investigated the  
584 use of bacteriophages against *Salmonella* Typhimurium and *Campylobacter jejuni* in cooked  
585 and raw meat at different temperatures. The greatest reduction in *Salmonella* numbers was  
586 obtained when both the population density of target bacteria and multiplicity of infection were  
587 high. The incubation temperature also appeared to be important, with greater reductions in  
588 pathogen numbers occurring at higher temperatures (~24°C). The reduction in pathogen  
589 numbers following phage treatment could be maintained for up to eight days when the meat  
590 samples were incubated at 5°C. This was despite no recorded increase in phage numbers after  
591 24 h.

592 3.2.2.3. Examples of use in pork products

593 Relatively few studies have used pork as a model for phage treatments. Bacteriophages have  
594 been used to significantly reduce the growth of *Brochothrix thermosphacta* on pork adipose  
595 tissue over two days (Greer, G.G. and Dilts, B.D., 2002). However, prolonging incubation of  
596 the phage-treated tissue samples to ten days resulted in the growth of BIMs. A recent study  
597 demonstrated that phage could significantly reduce the numbers of *Listeria* on hot dogs  
598 (Guenther, S. *et al.*, 2009). The largest reductions in *Listeria* were recorded when the highest  
599 titres of phage were applied. The bacteriophages remained viable on the food surface for six  
600 days when stored at 6°C, with only a negligible reduction in titre during this period.

601 3.2.2.4. Examples of use in seafood

602 There are few examples of bacteriophage treatments in seafood. One study reported significant  
603 reductions in *Listeria monocytogenes* in mixed seafood following phage treatment and  
604 incubation at 6°C for six days (Guenther, S. *et al.*, 2009). A small reduction in *L.*  
605 *monocytogenes* was also achieved on the surface of smoked salmon following phage treatment.  
606 However, this reduction was not sustained over the six days of incubation. Generally speaking,  
607 higher phage numbers applied to the food surface resulted in greater reductions in pathogen  
608 numbers. Similar findings were reported by (Hagens, S. and Loessner, M.J., 2007) who  
609 demonstrated that the application of a high titre phage suspension could result in appreciable  
610 reductions in *Listeria* numbers in artificially-contaminated salmon. The application of lower  
611 phage titres did not lead to reductions in *Listeria* numbers.

612 3.2.2.5. Examples of use in food processing environments

613 A limited number of studies have investigated the use of bacteriophages to control pathogen  
614 numbers in processing plants or metallic surfaces. This could be particularly important in high-

615 throughput meat processing plants which receive animals from a wide geographical area (e.g.  
616 large broiler chicken processors) and are difficult to thoroughly clean and disinfect. Due to its  
617 propensity for growth at low temperatures and incorporation into biofilms, *Listeria*  
618 *monocytogenes* has been the focus of bacteriophage treatment of biofilms in food processing  
619 plant surfaces. (Hibma, A.M. *et al.*, 1997) showed that the formation of *Listeria* biofilms on  
620 metal discs was reduced in the presence of phage. Moreover, phage treatment was as effective  
621 as 130 ppm lactic acid at removing *Listeria* from mature biofilms. Similar findings were  
622 reported by (Roy, B. *et al.*, 1993) who found that the numbers of *Listeria* in biofilms on  
623 stainless steel discs could be reduced significantly following phage treatment. The combined  
624 use of bacteriophages and a disinfectant further reduced *Listeria* numbers in the biofilm by  
625 approximately 100-fold.

#### 626 4. Factors affecting the survival of bacteriophages in foods and food-processing 627 facilities

628 While some bacteriophages may degrade during storage, it is impossible to generalize on their  
629 ability to survive intact independently of their host bacterium. This needs to be defined for  
630 individual bacteriophages, as do all their properties (Carlton, R.M. *et al.*, 2005). In one study by  
631 (Guenther, S. *et al.*, 2009), survival of *Listeria* bacteriophages was described. On most foods,  
632 these bacteriophages appeared very stable (maximum decrease of infectivity 0.6 logs). The  
633 added bacteriophages retained most of their activity during storage of foods of animal origin,  
634 whereas plant material caused inactivation by more than one log<sub>10</sub>. It is important to mention  
635 that although bacteriophage were sometimes not inactivated, they were apparently immobilized  
636 relatively soon after addition to non-liquid foods and therefore became inactive by limited  
637 diffusion (Guenther, S. *et al.*, 2009).

638 Bacteriophages have no metabolism and inactivation is likely to follow first order kinetics,  
639 although rates of inactivation will differ depending on various factors. The conditions of  
640 relevance are those to which food is subjected post-slaughter and during processing. Survival  
641 and persistence may be affected by a combination of physical factors such as pH, temperature,  
642 water content etc. in association with food composition including fat, sugar, protein and salt  
643 content. Thus is the same way that *Streptococcus cremoris* (*Lactococcus lactis* subsp *cremoris*)  
644 bacteriophages are more heat-resistant in milk than in broth (Koka, M. and Mikolacjik, E.M.,  
645 1967), survival on carcasses or in meat is also likely to be enhanced by close association with  
646 host proteins.

647 The aims of studies determining bacteriophage survival, are to look at persistence of naturally  
648 contaminated and applied bacteriophages, so that they would remain protective during  
649 processing and prevent re-contamination.

#### 650 4.1. pH

651 A number of studies have indicated that bacteriophages are generally stable between pH 5 and  
652 8, this being broadened to a pH range between 4 and 10 at lower temperatures (Adams, M.H.,  
653 1959). In a study to determine stability following oral administration to calves, survival at  
654 between 3.5 and 6.8 in milk whey was found, followed by increasingly rapid inactivation below  
655 pH 3 (Smith, H.W. *et al.*, 1987). pH is also likely to be relevant to survival in fermented foods..

#### 656 4.2. Temperature

657 Thermotolerance of bacteriophages is in correlation with the environment/host system from  
658 which they are derived. Thus bacteriophages found in cheese and yoghurt tend to be highly



659 thermotolerant, whereas those from psychrotrophic bacteria are less so (Hudson, J.A. *et al.*,  
660 2005). Inactivation of coliphages takes place between 60° and 75°C depending on the  
661 surrounding medium (Adams, M.H., 1959). Bacteriophages are generally more thermotolerant  
662 than the host bacteria indicating that they may survive after the host bacteria has been killed. T4  
663 bacteriophages were fed to crabs which were then boiled for 5 min; the internal temperature  
664 reached 70°C with 80% inactivation of the bacteriophages. However, 2.5% of bacteriophage  
665 survived 20 min at an internal temperature at 84°C (DiGirolamo, R. and Daley, M., 1973).  
666 Bacteriophages can survive the pasteurisation process this being bacteriophage strain dependent  
667 (Suarez, V.B. and Reinheimer, J.A., 2002).

668 Bacteriophage activity is generally only evident when the environmental and nutritional  
669 conditions are conducive to growth of the host. At refrigeration temperatures growth rates of  
670 enteric pathogens may be much lower and the length of the bacteriophage infection cycle,  
671 including the latent period, will be longer. However, psychrotrophic bacteriophages may  
672 multiply on their hosts at 1°C (Greer, G.G., 1982, 1988, 2005). Furthermore, bacteriophage  
673 multiplication on the host whilst on the carcass is not necessary for lysis from without. In  
674 addition, early studies showed that at 0°C abortive infections occur in 80% of bacteriophage T2  
675 absorption events (Adams, M.H., 1955). Although there is now evidence of bacteriophage  
676 activity by lysis from without, a more detailed determination of the exact nature of the  
677 relationship between host and bacteriophage would assist in defining the optimal conditions for  
678 their activity at low temperatures.

679 There is experimental evidence for survival of *Salmonella* bacteriophages on chicken skin for  
680 48 h at 4°C (Goode, D. *et al.*, 2003), and of *C. jejuni* bacteriophages on chicken skin for up to  
681 10 d at 4°C (Atterbury, R.J. *et al.*, 2003b). Survival at low temperature may also be of value,  
682 since the bacteriophages can enter the lytic cycle once products are warmed or ingested (Greer,  
683 G.G. and Dilts, B.D., 1990). Survival on cheeses at 14°C for several days has also been reported  
684 (Schellekens, M.M. *et al.*, 2007).

#### 685 **4.3. Light**

686 Bacteriophages are inactivated exponentially by ultra violet light at variable rates (Adams,  
687 M.H., 1959) which is probably the reason for inactivation by sunlight in water. This is generally  
688 due to DNA damage which may also be repaired after infection by bacterial DNA repair  
689 mechanisms. In another study by (Iriarte, F.B. *et al.*, 2007), fluorescent light eliminated  
690 *Xanthomonas* bacteriophages within 2 weeks.

#### 691 **4.4. Osmotic shock and pressure**

692 Osmotic shock generally produces bacteriophage ghost particles, in which the DNA has been  
693 lost (Adams, M.H., 1959). This would affect the ability to multiply in the host bacterial cell, but  
694 not to attach and cause lysis from without..

#### 695 **4.5. Disinfectants and other chemicals**

696 A number of antiseptic chemicals inactivate bacteriophage particles rapidly, including  
697 periacetic acid, ethanol and sodium hypochlorite (Binetti, A.G. and Reinheimer, J.A., 2000;  
698 Suarez, V.B. and Reinheimer, J.A., 2002). Although bacteriophages are generally more  
699 resistant than bacteria to inactivation by chemical and physical stresses, there is a wide range of  
700 resistance to chlorine amongst coliphages (Kennedy, J.E., Jr. and Bitton, G., 1987).  
701 Bacteriophages are more resistant than *E. coli* to waste water treatment. It seems likely

702 therefore, that bacteriophages could become persistent in processing plants and that disinfection  
703 regimens may need to be developed to monitor efficacy of their application in the food industry.

#### 704 4.6. Other factors

705 Information on the effects of fermentation, freeze-drying or irradiation on bacteriophage  
706 stability is scarce. A proportion of bacteriophages survive in fermented sausage. Freeze-drying  
707 reduces titres initially but the lower titres persist for many weeks. Bacteriophages are more  
708 resistant to gamma irradiation than are the host bacteria (see (Kennedy, J.E., Jr. and Bitton, G.,  
709 1987) for review). The food matrix can have an important protective effect on bacteriophages.  
710 For instance, a milk-based formulation protected a bacteriophage against desiccation and UV  
711 (Iriarte, F.B. *et al.*, 2007).

#### 712 4.7. Interpretation of industry data

713 Two types of experiments were presented in the documents provided by Industry to test the  
714 stability and persistence of activity of bacteriophage applied on foods.

715 (i) Stability measured after recovery of the bacteriophage from the inoculated foods.

716 The bacteriophage P100, isolated from sewage effluents from a dairy plant, was tested in soft  
717 cheese to control *Listeria monocytogenes* (Carlton, R.M. *et al.*, 2005). One day after cheese  
718 making, the rind was inoculated with *L. monocytogenes* and the bacteriophage was spread on  
719 the surface of the cheese rind to achieve  $6 \times 10^7$  pfu/cm<sup>2</sup>. The cheeses were kept at 14°C for  
720 ripening, then at 6°C during storage. The bacteriophage numbers recovered from the cheese  
721 surface by homogenisation of the rind was then measured every day until day 6. The authors  
722 reported no decrease or increase in the bacteriophage number over this period. Industry  
723 technical reports (for details see section *Documents provided to EFSA*), not published in the  
724 scientific literature, concerned a commercial preparation of the bacteriophage P100 (Listex™)  
725 and gave more details on the stability of P100 on soft cheese surfaces. The bacteriophage  
726 numbers, initially around  $6 \times 10^7$  pfu/cm<sup>2</sup>, remained stable until day 9, and then decreased to  
727 approximately  $5 \times 10^6$  pfu/cm<sup>2</sup> until the end of the experiment at day 21. In one study by  
728 (Guenther, S. *et al.*, 2009), survival of two *Listeria* bacteriophages (including P100 as in the  
729 works cited above) was described. On all foods of animal origin tested (meat, dairy and  
730 seafoods), these bacteriophages appeared very stable over the 6 days at 6°C tested (maximum  
731 decrease of infectivity 0.6 logs). In contrast, on lettuce and cabbage bacteriophages were  
732 inactivated by more than one log<sub>10</sub>.

733 (ii) Persistence of the activity of the bacteriophage on the food surface.

734 The technical reports described the activity of the bacteriophage P100 against *L.*  
735 *monocytogenes* on the surface of soft cheese and meat products (ham and turkey breast).  
736 (Guenther, S. *et al.*, 2009) studied P100 and another bacteriophages on meats, dairy products,  
737 seafoods and fresh-cut vegetables. In all these works, *L. monocytogenes* was initially inoculated  
738 on the foods at levels around  $10^3$  cfu/g. The bacteriophages added at the start of the experiment  
739 at levels around  $10^8$  pfu/cm<sup>2</sup> or g, reduced *L. monocytogenes* by 10-fold to 1000-fold within the  
740 first day of incubation. The surviving fraction of *L. monocytogenes* started growing after 1 to 3  
741 days in the case of solid foods, depending on the food and the incubation temperature, at the  
742 same rate as the control, not treated with the bacteriophage. These growing bacteria were not  
743 resistant to the bacteriophages. These results indicate that the bacteriophages rapidly lost their  
744 activity against the residual population of *L. monocytogenes*. On cheese, growth started only  
745 after 6 days. However, until 6 days the cheese pH was presumably too low for *L.*  
746 *monocytogenes* growth.

747 Association of both experiments i) and ii) (Guenther, S. *et al.*, 2009) shows that although  
748 bacteriophages rapidly lost their effect on the target bacteria on food surfaces, they were still  
749 active when recovered and tested outside the food. Therefore, bacteriophages were not  
750 inactivated, they were apparently immobilized relatively soon after addition to non-liquid foods  
751 and therefore could not come into contact with the surviving bacteria by limited diffusion  
752 (Guenther, S. *et al.*, 2009). However, whether these immobilized, but still active,  
753 bacteriophages could lyse target bacteria re-inoculated on the foods was not tested.

754 In conclusion, the documents provided by industry show that the methods used to measure the  
755 persistence of the bacteriophage (either persistence of the activity of the bacteriophage on the  
756 food or stability of the bacteriophage on the food) may give different results. With regards to  
757 the terms of reference of the mandate addressed in this opinion, it should be stressed that ability  
758 of the bacteriophages to protect the food against re-contamination with the target bacteria was  
759 not tested.

## 760 **CONCLUSIONS AND RECOMMENDATIONS**

### 761 **CONCLUSIONS**

762

#### 763 **Conclusions relating to the mode of action expected from the use of bacteriophages** 764 **solutions on food of animal origin (including but not exclusively use on animal carcasses,** 765 **meat products and dairy products). Terms of Reference number 1.**

- 766 • Bacteriophages may be virulent or temperate. Upon infection, the first group kills their host  
767 bacteria, so they are the ones of choice for bacteriophage-based food decontamination.  
768 Temperate bacteriophages do not always kill their hosts, and may confer unforeseen  
769 properties to their host bacteria.
- 770 • Bacteriophages can induce lysis of the bacterial host-cell by “*lysis from within*” and/or  
771 “*lysis from without*”.
- 772 • Bacteriophages have narrow host-ranges, generally restricted to either a limited number of  
773 species within a genus, or to a limited number of bacterial strains within a species.
- 774 • While bacteriophage replicate best on growing bacterial cells, they have also been shown to  
775 reproduce on stationary phase cells.
- 776 • The ratio of bacteriophages to host cells is critical to the success of bacteriophage treatment.  
777 The higher this ratio, the greater the reduction in the target bacterial population.
- 778 • Naturally occurring bacteriophages have a broad range of habitats and may be isolated in  
779 considerable numbers from meat, milk and products thereof.
- 780 • Some bacteriophages, under specific conditions, have been demonstrated to be very  
781 effective in the targeted elimination of specific pathogens from meat, milk and products  
782 thereof.

783 **Conclusions relating to whether the use of bacteriophages may lead to a continual**  
784 **functioning in the food, thereby protecting against recontamination or whether the effect**  
785 **can be expected to be short lived with no continuing action effect in the final food. Term**  
786 **of reference 2.**

- 787 • Bacteriophages in the environment behave as inert particles and tend to persist longer than  
788 their hosts. However, their long-term antibacterial activity is compromised on dry surfaces.
- 789 • The persistence in/on food varies with each bacteriophage, and with the conditions of  
790 application, including dose, and physical and chemical factors associated with the food  
791 matrix.
- 792 • Refrigeration temperatures enhance persistence of bacteriophages on the surface of meat  
793 and on/in dairy products.
- 794 • Based on data currently available in peer-reviewed literature, it cannot be concluded  
795 whether bacteriophages are able or unable to protect against recontamination of food with  
796 bacterial pathogens. This is likely to vary with each bacteriophage, each food matrix, and  
797 with conditions of application including environmental factors.

#### 798 **RECOMMENDATIONS**

- 799 • In order to assess the issue of bacteriophage persistence in foods, and their ability to prevent  
800 recontamination with bacterial pathogens, research for specific bacteriophage-pathogen-  
801 food combinations should be encouraged.
- 802 • If bacteriophages treatments are to be used for removal of surface contamination of foods of  
803 animal origin, then it is recommended that a Guidance Document on the submission of data  
804 for their evaluation is provided.

#### 805 **DOCUMENTATION PROVIDED TO EFSA**

- 806 1. Which path to go? Carl von Jagow and Tobias Teufer EFFL 3/2007 p136
- 807 2. The great puzzle, Bacteriophages in the production of foodstuffs: a legal introduction (In  
808 DE with EN translation)
- 809 3. Carlton et al. Regulatory Toxicology and Pharmacology 43 (2005) 301-312
- 810 4. 'The Bacteriophages preparation Listex P100 has no effect on the final product' Dr Steven  
811 Hagens September 2007
- 812 5. Bacteriophages: brief background information (classification, omnipresence, lytic cycle)
- 813 6. Listex P100: Legal status (input from Mr Schipper, Chairman Dutch Expert Committee on  
814 Food Labelling)
- 815 7. Legal opinion on the application of Listex P100 as a processing aid for foodstuffs, Dr Carl  
816 von Jagow, Krohn Rechtsanwälte, Sept 2005
- 817 8. Persistence and inactivation of bacteriophages, Prof Dr Martin Loesner, ETH Sept 2006
- 818 9. Technical background information on rapid inactivation through adsorption of LISTEX  
819 P100 bacteriophages

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